

2012 Kingco Championships Track Schedule (Juanita High School)

Wednesday, May 9

3:00 p.m. Coaches Meeting

FIELD EVENTS (Prelims & Finals)

3:30 p.m.	4A – G Javelin 3A – G Pole Vault
4:00 p.m.	4A – B Long Jump 3A – B Long Jump 3A – G Discus 4A – G High Jump 4A – B Shot
5:30 p.m.	4A – B High Jump 3A – G Long Jump 4A – G Long Jump 4A – B Pole Vault 3A – B Shot 4A – G Discus 4A – B Javelin

Running Events – Prelims and Finals

4:30 p.m.	B-4A/3A 110m High Hurdles
4:50	G-4A/3A 100m Hurdles
5:10	B-4A/3A 100 Meters
5:30	G-4A/3A 100 Meters
5:50	B-4A/3A 1600 Meters (FINAL)
6:05	G-4A/3A 1600 Meters (FINAL)
6:20	B-4A/3A 400 Meters
6:35	G-4A/3A 400 Meters
6:50	B-4A/3A 300m Hurdles
7:05	G-4A/3A 300m Hurdles
7:20	B-4A/3A 800 Meters
7:40	G-4A/3A 800 Meters
8:00	B-4A/3A 200 Meters
8:15	G-4A/3A 200 Meters

Friday, May 11

3:00 p.m. Coaches Meeting

FIELD EVENTS (Prelims & Finals)

3:30 p.m.	3A – G Javelin 4A – G Pole Vault
4:00 p.m.	4A – B Triple Jump 3A – G Triple Jump 3A – B Discus 3A – B High Jump 4A – G Shot
5:30 p.m.	3A – B Javelin 3A – B Triple Jump 4A – G Triple Jump 3A – B Pole Vault 3A – G Shot 4A – B Discus 3A – G High Jump

Running Events – FINALS

4:30 p.m.	G 4A/3A 4x200 Relay
4:45	B 4A/3A 110m Hurdles
4:55	G 4A/3A 100m Hurdles
5:10	B 4A/3A 100 Meters
5:20	G 4A/3A 100 Meters
5:30	B 4A/3A 4x100 Relay
5:40	G 4A/3A 4x100 Relay
5:50	B 4A/4A 400 Meters
6:00	G 4A/3A 400 Meters
6:15	B 4A/3A 300 Hurdles
6:25	G 4A/3A 300 Hurdles
6:40	B 4A/3A 800 Meters
6:50	G 4A/3A 800 Meters
7:05	B 4A/3A 200 Meters
7:15	G 4A/3A 200 Meters
7:25	B 4A/4A 3200 Meters
7:50	G 4A/3A 3200 Meters
8:15	B-4A/3A 1600m Relay
8:25	G-4A/3A 1600m Relay

Last Updated: 12/13/11