

**2011-12 KingCo Conference**  
**Boys Swimming and Diving Championship Meet**  
**Friday, February 3 and Saturday, February 4, 2012**

**Sites:**

- **Swimming – University of Washington Pavilion Pool**
- **Diving – Juanita High School**

**Swim Prelims @ U of W Friday, February 3, 2012**

**Session I**

- **Pool Opens: 12:30 PM**
- **Warm-up: 1:00 PM**
- **Coaches Meeting: 1:30 PM**
- **Meet Starts: 2:00 PM**
- **Meet End: 5:00 PM**
- **Participants: Mercer Island, Bellevue, Ballard, Roosevelt, Woodinville, Juanita, Lake Washington, Inglemoor, Bothell.**
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**Session II**

- **Warm-up: 5:30 PM**
- **Coaches Meeting: 6:00 PM**
- **Meet Starts: 6:30 PM**
- **Participants: Garfield, Newport, Issaquah, Interlake, Redmond, Skyline, Eastlake Liberty, Sammamish**
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**Saturday, February 4, 2012**

**Dive Finals @ Juanita Pool**

- **Warm-up: 8 AM**
- **Meet Starts: 9:30 AM**
- **Meet End: 1:00 PM**

**Swim Finals @ University of Washington**

- **Pool Opens: 2:00 PM**
- **Warm-up: 2:30 PM**
- **Meet Starts: 3:45 PM**

### **IMPORTANT DATES TO REMEMBER:**

- Saturday, January 28, 2012- Entry Deadline (no later than 9pm)
  - Master Entry Form, Dive Sheets, and Scholar Athlete Form all due at this time
    - Entries may be submitted by:
      - email (TM Entry Report can replace excel spreadsheet for Master Entry Form)
      - in person at the end of the Kingco Invitational on Saturday, January 28, 2012
      - e-mail entries to Mike Scott, Meet Director (Swim) at : [KingCoSwimAD@aol.com](mailto:KingCoSwimAD@aol.com)  
**NOTE:** Please do not send to Seattle Public Schools address, entries will be corrupted by the school district filters, please send only to [KingCoSwimAD@aol.com](mailto:KingCoSwimAD@aol.com)
- Wednesday, February 1, 2012 - Kingco Coaches Meeting, 7:00 PM – Roosevelt High School Library.
  - At this time post season awards will be decided and final psych sheet will be reviewed
- Wednesday, February 1, 2012- Final Volunteer sheets are due to the Meet Director (logistics) Yonni Mills for prelims and finals

### **ENTRY PROCEDURES (Coaches must submit for entries to be complete):**

- A. One copy of MASTER ENTRY FORM, with first and last names if teams do not have Hy-Tek software. OR Teams using Hy-Tek software should send a TM entry file to the meet manager with their hard copy entries. TM Entry Report can replace excel spreadsheet for Master Entry Form
- B. One diving sheet for each diver filled out completely and signed.
- C. Scholar –Athlete form filled out and signed.
- D. **Coaches may enter unlimited numbers in any individual events.** Teams will be limited to a maximum of 3 Relays in each of the relay events. Each team will advance to the finals **ONE RELAY and a MAX OF 4 ATHLETES IN EACH INDIVIDUAL EVENT.**
  - a. During the finals each school will have 1 relay team represented in events 1, 9, and 12 - seeded into 3 finals heats.
  - b. In each individual event, the top 24 qualifiers will compete in 4 seeded heats - scoring 1<sup>st</sup> through 24<sup>th</sup>.
  - c. Alternates for Relays – Any swimmer who participates in a relay during the prelims is eligible to swim that relay at finals as long as the relay that the swimmer participated on during prelims was not disqualified.

### **MASTER ENTRY FORM:**

1. The master entry form must be filled out completely and accurately (please type names).
  - a. Be sure to type relay times into the red box at the top of the sheet
  - b. NO NT's – Swimmer must have a qualifying time.
2. Any athlete in a relay event is considered an alternate for that event.
  - a. Athletes disqualified in a relay during preliminary heats are ineligible to swim in that relay final.
3. Relays do not count against a competitor's entry limit until they are officially marked in a relay at the beginning of the event.
4. Swimmers must meet the Kingco Qualifying time to be entered in an individual event.
5. Swimmers first and last name, along with grade must be listed.
6. Use the WIAA Diving form.
  - a. List dives with the current dive description and position code.

### **COACHES INFO:**

1. **Please keep all non-competitors off the deck area.**
2. Each coach is responsible for his or her team and parents.
3. SECURE YOUR VALUABLES. The pool staff is not responsible for lost items.
4. **PLEASE CLEAN UP YOUR OWN SEATING AREA!**

**SCORING:**

The scoring for the meet is as follows:

	<u>A Final</u>						<u>B Final</u>						<u>C Final</u>						<u>D Final</u>					
	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>1</u> <u>0</u>	<u>1</u> <u>1</u>	<u>1</u> <u>2</u>	<u>1</u> <u>3</u>	<u>1</u> <u>4</u>	<u>1</u> <u>5</u>	<u>1</u> <u>6</u>	<u>1</u> <u>7</u>	<u>1</u> <u>8</u>	<u>1</u> <u>9</u>	<u>2</u> <u>0</u>	<u>2</u> <u>1</u>	<u>2</u> <u>2</u>	<u>2</u> <u>3</u>	<u>2</u> <u>4</u>
<b>Ind</b>	3	2	2	2	2	2	1	1	1	1	1	1	1	1	1	9	8	7	6	5	4	3	2	1
<b>Rel</b>	0	7	4	3	2	1	9	8	7	6	5	4	2	2	2	1	1	1	6	8	0	8	6	4

**OTHER MEET INFO:**

**District Meet Entries:** All coaches are responsible for turning in their District Meet information at the conclusion of the meet. Entry forms and folders will be at the scorer's desk.

**Warm Up Schedule**

**Prelim Session I**

**2:00-2:30 PM: Mercer Island, Bellevue, Ballard, Roosevelt**

**2:30 – 3:00 PM: Woodinville, Juanita, Lake Washington, Inglemoor, Bothell**

**Prelim Session II**

**5:30 – 6:00 PM: Garfield, Newport, Issaquah, Interlake**

**6:00 – 6:30 PM: Redmond, Skyline, Eastlake, Liberty, Sammamish**

**Finals**

**There will be no assigned warm-up times or lanes for finals**

**FINAL MEET TIMELINE WILL BE AVAILABLE AT THE MEETING ON February 1, 2012.**

**Breaks and Meet Format:** There is no warm-up/cool down pool at the University of Washington. Five minute breaks will happen after each event (not heats) to allow for warm-up and cool down. There will be a ten minute break after the 50 Free instead of a 5 minute break.

**Entry to Pool Deck:** The University of Washington has requested that all athletes enter the pool deck area from the spectator area by way of the staircase. There are no athlete ladders. At no time is any athlete, coach, or spectator to climb over the railing from the spectator area to the pool deck.

**Declared False Start:** Any athlete intending to declare a false start in events 1 to 4 will need to declare that false start to the meet referee at the coaches meeting prior to the start of the meet. Any athlete

intending to declare a false start in events 5 to 8 must declare that false start to the meet referee within 5 minutes of the end of event 4. Any athlete intending to declare a false start in events 9 to 12 must declare that false start to the meet referee prior to the start of event 8. Any false start declared after the deadline will be considered as a scratch. Any lanes left open will be reseeded with alternates. If all alternates are used, then any remaining lanes will be left open.

**SEEDING:** Championship seeding for prelims and finals

**SEATING and ENTRY:** Spectator seating is reserved for paid admission only. All students not competing (or a manager with a pass) and parents must pay admission. *The price for an adult is \$6.00 and for students (w/ASB) is \$4.00.* **DOORS WILL OPEN FOR PRELIMS AT 1:30 PM AND FINALS AT 2:00 PM.**

**2011-12 BOYS QUAL TIMES:**

<b>BOYS</b>	<b>2A</b>		<b>3A</b>			<b>4A</b>			
<b>Meet</b>	<b>State</b>		<b>State</b>		<b>Districts</b>	<b>State</b>		<b>Districts</b>	<b>Kingco</b>
<b>EVENT</b>	<b>YARDS</b>	<b>METERS</b>	<b>YARDS</b>	<b>METERS</b>	<b>YARDS</b>	<b>YARDS</b>	<b>METERS</b>	<b>YARDS</b>	<b>YARDS</b>
<b>200 Medley Relay</b>	01:48.5	02:01.0	01:45.5	01:57.6	1 Team	01:44.5	01:56.5	1 Team	3 Teams
<b>200 Free</b>	01:53.5	02:05.8	1:50.90	02:02.9	02:06.9	01:50.9	02:02.9	02:06.9	02:22.0
<b>200 I.M.</b>	02:11.9	01:46.5	02:04.5	02:18.3	02:24.5	02:04.0	02:17.8	02:24.0	02:44.0
<b>50 Free</b>	:23.00	:25.74	:22.85	:25.57	:25.85	:22.85	:25.57	:25.85	:26.75
<b>Diving</b>	280/11.6		300/11.6			300/11.6			
<b>100 Fly</b>	:57.90	01:04.5	:56.00	01:02.4	01:06.0	:55.50	01:01.8	01:05.5	01:15.5
<b>100 Free</b>	:51.30	:56.99	:50.20	:55.77	:58.20	:50.10	:55.66	:58.10	01:01.5
<b>500/400 M Free</b>	05:18.9	04:40.0	05:00.5	04:23.8	05:40.5	05:01.9	04:25.1	05:41.9	06:22.0
<b>200 Free Relay</b>	01:34.9	01:45.9	01:33.9	01:44.8	1 Team	01:33.5	01:44.3	1 Team	3 Teams
<b>100 Back</b>	:59.50	01:06.1	:57.50	01:03.6	01:07.5	:57.20	01:03.6	01:07.2	01:13.0
<b>100 Breast</b>	01:06.8	01:14.1	01:03.9	01:10.9	01:13.9	01:03.3	01:10.3	01:13.3	01:20.0
<b>400 Free Relay</b>	03:33.5	03:57.8	03:27.5	03:51.6	1 Team	03:26.5	03:50.0	1 Team	3 Teams

Coaches –

The following describes the volunteer responsibilities for the KingCo Championships. Here are some items that have been organized already:

1. There will be 2 prelims sessions – Mercer Island will be the host for Session I and Newport for Session II. Mercer Island and Newport will co-host the finals. The hosts will be a contact for the meet directors over the next couple of weeks to help ensure everything is in place for each of the prelim sessions.

Meet Host Responsibilities:

- a. Provide volunteers for selling tickets at the door. (Kingco League will provide the till)
  - b. Meet Hosts will also have the opportunity to sell meet programs – the group selling will be able to keep the proceeds from the sale of the program. Programs will have a cover sheet, meet results for the league, meet record, time standards, and the heat sheet – information will be provided. Programs will be for sale for \$2. (teams must provide their own till) Officials and coaches programs will be provided for free.
  - c. Provide timing system operator and computer operator for each session.
  - d. Provide an announcer.
  - e. Provide runners for collecting timer sheets and posting results.
  - f. Head Timer
2. Meet Director will be receiving a list of officials for each session in the next week and will assign a Meet Referee to co-ordinate official.
  3. Meet Entries are DUE on Saturday, January 28, 2012. Please review the Championship Meet Information for entry procedures. Psych Sheets will be sent to Head Coach by 7 PM Sunday, January 29, 2012. Coaches are asked to confirm entries by Noon Monday January 30, 2012. The only changes will be clerical errors or scratches.
  4. We will have a Post Season meeting on Wednesday, February 1, 2012 at 7:00 pm in the Library at Roosevelt High School. At this time we will be reviewing the psych sheet for the meet and the other procedures as well.
  5. We will vote for All-Kingco Teams at the meeting on Wednesday, February 1, 2012 – at this time we will vote for Coach of the Year and Team Sportsmanship Awards as well. Please also submit your scholar athletes at this time.
  6. Diving will be 11 dives during the diving session on Saturday, February 4. Scores for the diving session will be added prior to beginning of the swimming finals.
  7. Please see attached break schedule for Prelims and finals.

It has been my pleasure to serve each of you through the Boys season. Please let me know if there is anything else that I can do for you over the next couple of weeks as we come closer to the championship season.

Mike Scott  
Roosevelt Athletics  
KINGCO Swimming Co Director

Yonni Mills  
Bothell Athletics  
KINGCO Swimming Co Director



SCHOLAR ATHLETE FORM: 2011-12 KingCo Conference Championships

School: \_\_\_\_\_

The following criteria must be met for a student to receive recognition as a scholar athlete.

- The athlete is a senior.
- The athlete has achieved a cumulative 3.75 average for their academic career.

Please list the names of your scholar athletes below and sign at the bottom.

	Name	Gr	GPA
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

Coach: \_\_\_\_\_

Signed: \_\_\_\_\_

Administrator: \_\_\_\_\_

Signed: \_\_\_\_\_

**This form MUST be used when submitting athlete's names. Due on 2-1-12 at Coaches meeting**

**Timer Assignments**

**Session I Prelims Assignments**

<b>Thurs</b>	<b><u>Lane 1</u></b>	<b><u>Lane 2</u></b>	<b><u>Lane 3</u></b>	<b><u>Lane 4</u></b>	<b><u>Lane 5</u></b>	<b><u>Lane 6</u></b>
<b>1st Shift</b>	Woodinville	Woodinville	Lake Wash	Inglesmoor	Bothell	Juanita
<b>Ev 1 - 6</b>	Woodinville	Woodinville	Lake Wash	Inglesmoor	Bothell	Juanita
<b>Backup</b>	<b>Lake Wash &amp; Juanita</b>					
<b>2nd</b>	Roosevelt	Bellevue	Ballard	Inglesmoor	Bellevue	Mercer Island
<b>Ev 7-12</b>	Roosevelt	Bellevue	Ballard	Inglesmoor	Bellevue	Mercer Island
<b>Backup</b>	<b>Roosevelt &amp; Ballard</b>					

**Session II Prelims Assignments**

<b>Thurs</b>	<b><u>Lane 1</u></b>	<b><u>Lane 2</u></b>	<b><u>Lane 3</u></b>	<b><u>Lane 4</u></b>	<b><u>Lane 5</u></b>	<b><u>Lane 6</u></b>
<b>1st Shift</b>	Skyline	Redmond	Redmond	Eastlake	Eastlake	Liberty
<b>Ev 1 - 6</b>	Skyline	Redmond	Redmond	Eastlake	Eastlake	Liberty
<b>Backup</b>	<b>Skyline, Liberty</b>					
<b>2nd</b>	Issaquah	Garfield	Garfield	Newport	Sammamish	Interlake
<b>Ev 7-12</b>	Issaquah	Garfield	Garfield	Newport	Sammamish	Interlake
<b>Backup</b>	<b>Issaquah &amp; Interlake</b>					

**Finals Session Assignments – Saturday, February 4, 2012**

<b>Thurs</b>	<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>	<b>Lane 6</b>
<b>1st Shift</b>	Bellevue	Woodinville	Inglesmoor	Bothell	Juanita	Roosevelt
<b>Ev 1 - 6</b>	Bellevue	Ballard	Inglesmoor	Mercer Is.	Lake Wash	Roosevelt
<b>Backup</b>	<b>MI x 2</b>					
<b>2nd Shift</b>	Issaquah	Garfield	Sammamish	Interlake	Liberty	Redmond
<b>Ev 7-12</b>	Skyline	Eastlake	Newport	Interlake	Liberty	Eastlake
<b>Backup</b>	<b>New x 2</b>					

Prelims (UW) (KingCo and District)		Finals (UW)	
Event 1	200 Medley Relay	Event 1	200 Medley Relay
	5 minute Break		5 minute Break
Event 2	200 Free	Event 2	200 Free
	5 minute Break		5 minute Break
Event 3	200 IM	Event 3	200 IM
	5 minute Break		5 minute Break
Event 4	50 Free	Event 4	50 Free
	5 minute Break		5 minute Break
15 minute break		15 minute break	
Event 6	100 Fly	Event 6	100 Fly
	5 minute Break		5 minute Break
Event 7	100 Free	Event 7	100 Free
	5 minute Break		5 minute Break
Event 8	500 Free	Event 8	500 Free
	5 minute Break		5 minute Break
Event 9	200 Free Relay	Event 9	200 Free Relay
5 minute break		5 minute break	
Event 10	100 Back	Event 10	100 Back
	5 minute Break		5 minute Break
Event 11	100 Breast	Event 11	100 Breast
	5 minute Break		5 minute Break
Event 12	400 Free Relay	Event 12	400 Free Relay

School: \_\_\_\_\_

Please list timer information below:

	Name:	Shift Working
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		

Other Volunteers willing to work: (If you have anyone who can work as an official, etc. list them here.)

	Name	Skill	Contact Info
1.			
2.			
3.			
4.			

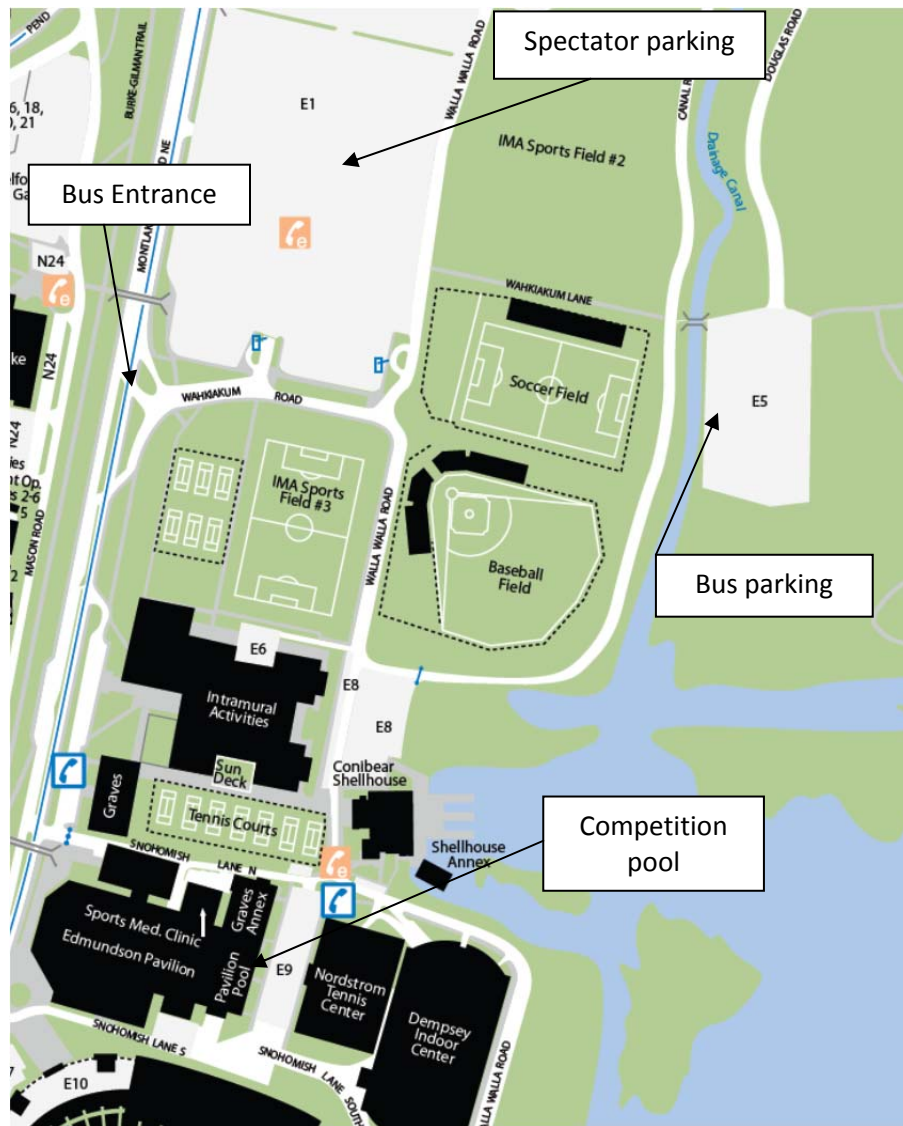
**Others for Gate List**

<b>Head Coach:</b>	
<b>Assistant(s):</b>	
<b>Managers:</b>	

## IMPORANT PARKING INFORMATION FOR UNIVERSITY OF WASHINGTON

**Team Busses:** Team busses will drop off athletes behind the IMA at the University of Washington. Busses will park in lot E-5 (see attached map) Busses may remain or leave after dropping off athletes. There is no charge for bus parking

**Spectator Parking:** Spectators will park in lot E-1. **There is a \$6.00 charge for parking, Cash Only** Please see attached map for parking locations. Please distribute this map and parking information to your parents prior to the event.



### **Busses:**

Turn off of Montlake Boulevard onto Wahkiakum Road. Turn Right on Walla Walla Road. Drop off is at corner of Walla Walla Road and Canal Road, at the edge of IMA Sports Field #3. Students will walk from there to the Pavilion Pool. To park, turn left onto Canal Road, right onto Clark Road and right onto Douglas Road. Park in the far east section of the E-5 parking lot, facing out. To exit instead of parking, from the drop off area, turn left onto Canal Road, right onto Clark Road and follow that to Mary Gates Memorial Drive. From there you can turn left to get back to 45<sup>th</sup>.

To pick up, exit the E-5 parking lot via Douglas Road and turn right onto Clark Road. Follow that to Mary Gates Memorial Drive and turn left. Turn left at 45<sup>th</sup> Ave and follow the road as it turns into Montlake Boulevard. Turn left onto Wahkiakum Road and right onto Walla Walla Road. Pick up is at the same place you dropped off. Exit the same way.

