

**2018-19 GIRLS BASKETBALL
ALL NORTHWEST CONFERENCE**

MOST VALUABLE PLAYER

Gabby Rongren	Senior	Anacortes
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COACH OF THE YEAR

Rob Adams		Lynden
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1ST TEAM

Keylie Hershey	Junior	Lynden
Jolee Sipma	Junior	Meridian
Isabela Hernandez	Senior	Lynden Christian
Grace Sterk	Senior	Lynden Christian
Danielle Tyler	Senior	Mount Baker
Hali Rainaud Hinds	Senior	Burlington-Edison
Ruby VanderHaak	Junior	Lynden

2ND TEAM

Brianna Byrnes	Junior	Ferndale
Riley Dykstra	Junior	Lynden Christian
Katie King	Junior	Burlington-Edison
Jenna Tenkley	Senior	Nooksack Valley
Lindsey Moore	Senior	Meridian
Aspen Garrison	Sophomore	Sehome
Liv Tjoelker	Junior	Lynden
Kim Weden	Senior	Ferndale

HONORABLE MENTION

Adi McKay	Sophomore	Bellingham
Maren Mihelich	Senior	Sedro-Woolley
Brynn Hallberg	Senior	Blaine
Myriam Frechilla	Junior	Lakewood
Nat Zender	Senior	Sehome
Maya Galley	Sophomore	Nooksack Valley
Melissa Frien	Senior	Anacortes
Alexa Mee	Sophomore	Bellingham
MaKenna Holz	Senior	Meridian
Anna Vanderyacht	Sophomore	Lynden
Dana Ruffatto	Senior	Sehome
Jadyn Hawkinson	Senior	Squalicum
Jamie Johnson	Sophomore	Ferndale
Nicole Guessford	Senior	Ferndale
Ashley Dickerson	Senior	Blaine
Riley Molloy	Senior	Lakewood
Grace Schroder	Sophomore	Squalicum
Emily Mellema	Sophomore	Lynden Christian