

Sedro-Woolley High School Athletics

Winter Practice starts November 13, 2017

How to be eligible for the 1st day of winter practice:

1. Have completed athletic packet turned into the athletic office by Thursday, November 9th, 12:00pm. We will not grant eligibility the same day we receive paperwork. Athletic Packets can be found at www.NWCAthletics.com, on the Sedro-Woolley page under documents, or can be picked up in the Athletic Office.
2. Have a current physical on file in the athletic office that does not expire during the winter season-dates are November 13, 2017 through March 3, 2017. Physicals are good for two years, as long as they don't expire during the winter season. If you need verification of your student's physical, please contact Rhonda in the Athletic Department, (360) 855-3514.
3. All fees must be paid prior to Thursday, November 9th, 12:00pm. Required fees are ASB \$40.