

### 3A KINGCO CHAMPIONSHIPS

1..MERCER ISLAND.....	202
2..BELLEVUE.....	157
3..LIBERTY.....	148
4..MOUNT SI.....	130
5..JUANITA.....	105
6..SAMMAMISH.....	8.5

#### 2010 3A KINGCO CHAMPIONSHIPS

3A KingCo Coach of the Year:  
CREIGHTON LAUGHARY (MERCER ISLAND)

Assistant Coach of the Year:  
DARREN TREMBLAY (LIBERTY)

Middle School Coach of the Year:  
JOHN FRAZIER (MERCER ISLAND)

Doug Chapple Team Sportsmanship Award:  
(Sammamish)

Hearts Without Limits Award:  
AJ Leitch (Sammamish)

KingCo Dual Meet Champions (Crown Division)  
(MERCER ISLAND)

KingCo Dual Meet Champions (Crest Division)  
(LIBERTY)



### 3A KINGCO CHAMPIONSHIPS

#### Weight Class : 103

- |                              |           |
|------------------------------|-----------|
| 1. 09-CONNOR GULLSTAD(MRCR)  | 11-4      |
| 2. 10-PHUOC NGUYEN(JUAN)     |           |
| 3. 09-LUCA CARUCCIO(MRCR)-NS | Fall 3:02 |
| 4. 10-SEAN SANDHU(SAMM)      |           |

#### Weight Class : 112

- |                              |     |
|------------------------------|-----|
| 1. 11-MATT CASIMES(BELV)     | 7-4 |
| 2. 12-DAN VELASQUEZ(LBIS)    |     |
| 3. 11-JONATHAN IWASAKI(JUAN) | 4-2 |
| 4. 10-MAX GRAHAM(MRCR)       |     |

#### Weight Class : 119

- |                              |     |
|------------------------------|-----|
| 1. 12-ANDREW SYPHER(MTSI)    | 5-0 |
| 2. 10-DANNY BABA(JUAN)       |     |
| 3. 10-CARTER STEINHOFF(BELV) | 5-0 |
| 4. 10-BEN MATTEUCCI(BELV)-NS |     |

#### Weight Class : 125

- |                             |      |
|-----------------------------|------|
| 1. 11-JOSH SPIEZLE(BELV)    | 3-2  |
| 2. 11-KYLE SHANAFELT(MRCR)  |      |
| 3. 10-CODY BOTTEN(MTSI)     | 12-0 |
| 4. 09-BRUCE STUART(MTSI)-NS |      |

#### Weight Class : 130

- |                              |           |
|------------------------------|-----------|
| 1. 12-JAMES KASHIMA(MRCR)    | 7-4       |
| 2. 11-JUN PARK(BELV)         |           |
| 3. 11-SAL GIAMPAPA(MRCR)-NS  | Fall 3:21 |
| 4. 09-CONNOR HUDSON(BELV)-NS |           |

#### Weight Class : 135

- |                               |           |
|-------------------------------|-----------|
| 1. 10-BLAKE JOHNSON(MRCR)     | 9-0       |
| 2. 12-BEN LARSON(MTSI)        |           |
| 3. 10-AARON PETERSON(MTSI)-NS | Fall 2:12 |
| 4. 10-PETER OVENS(BELV)       |           |

#### Weight Class : 140

- |                         |           |
|-------------------------|-----------|
| 1. 12-WRIGHT NOEL(LBIS) | 14-2      |
| 2. 12-TREY BOTTEN(MTSI) |           |
| 3. 10-COLIN SMALL(BELV) | Fall 3:34 |
| 4. 12-IAN ZHANG(MRCR)   |           |

#### Weight Class : 145

- |                               |         |
|-------------------------------|---------|
| 1. 10-HAMILTON NOEL(LBIS)     | Inj Def |
| 2. 12-NATE BECKETT(MRCR)      |         |
| 3. 11-MICHAEL PRZYSTUPA(JUAN) | 5-1     |
| 4. 11-ANDREW RAWSON(MRCR)-NS  |         |

#### Weight Class : 152

- |                           |     |
|---------------------------|-----|
| 1. 12-ERIK OVENS(BELV)    | 5-2 |
| 2. 10-PHIL FRAZIER(MRCR)  |     |
| 3. 10-CONOR DEUTSCH(MTSI) | 7-6 |
| 4. 10-JAKE TIERNEY(LBIS)  |     |

#### Weight Class : 160

- |                                |           |
|--------------------------------|-----------|
| 1. 11-JAY CHAKRAVARTY(LBIS)    | 4-2 OT    |
| 2. 12-LEE AMADOR(MTSI)         |           |
| 3. 10-ELLIOTT WITTENBERG(MRCR) | Fall 4:59 |
| 4. 12-JAKE MCCORNACK(JUAN)     |           |

#### Weight Class : 171

- |                               |           |
|-------------------------------|-----------|
| 1. 12-BRANDON STUDER(LBIS)    | Fall 1:48 |
| 2. 12-VALENTINE VAUTIER(SAMM) |           |
| 3. 11-LOGAN MCCALLUM(JUAN)    | Fall 3:26 |
| 4. 11-SHANE DIXON(MTSI)       |           |

#### Weight Class : 189

- |                           |           |
|---------------------------|-----------|
| 1. 11-COLTON KNEBEL(MRCR) | Fall 5:13 |
| 2. 12-WILL FIELDS(BELV)   |           |
| 3. 12-NICK BEZANSON(LBIS) | 3-1       |
| 4. 11-ZACH STORM(MTSI)    |           |

#### Weight Class : 215

- |                          |           |
|--------------------------|-----------|
| 1. 11-TJ BLACKBURN(MRCR) | Fall 5:50 |
| 2. 10-JIMMY TRULL(BELV)  |           |
| 3. 12-CHRIS HARLIN(LBIS) | 18-5      |
| 4. 11-ERIK SORVIK(MTSI)  |           |

#### Weight Class : 285

- |                                |           |
|--------------------------------|-----------|
| 1. 11-CODY TREDDENBARGER(JUAN) | Fall :34  |
| 2. 12-JIN PARK(BELV)           |           |
| 3. 10-JOSH MITCHELL(MTSI)      | Fall 4:17 |
| 4. 10-BRIAN COPELAND(MTSI)-NS  |           |



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **103**

- 1. 09-CONNOR GULLSTAD(MRCR)
- 2. 10-PHUOC NGUYEN(JUAN)
- 3. 09-LUCA CARUCCIO(MRCR)-NS
- 4. 10-SEAN SANDHU(SAMM)

09-CONNOR GULLSTAD(MRCR)

BYE

1 GULLSTAD(MRCR)

BYE

09-BILLY BEACH(MTSI)

10-SEAN SANDHU(SAMM)

2 SANDHU(SAMM)

19-2

57 GULLSTAD(MRCR)

Fall 2:53

Champion

155 GULLSTAD(MRCR)

11-4

09-LUCA CARUCCIO(MRCR)-NS

11-AJ LEITCH(SAMM)-NS

3 CARUCCIO(MRCR)-NS

8-0

58 NGUYEN(JUAN)

8-5

BYE

10-PHUOC NGUYEN(JUAN)

4 NGUYEN(JUAN)

BYE

CARUCCIO(MRCR)-NS

L-58

113 CARUCCIO(MRCR)-NS

Fall 2:34

Third

BYE

L-1

59 BEACH(MTSI)

BYE

141

CARUCCIO(MRCR)-NS

Fall 3:02

BEACH(MTSI)

L-2

SANDHU(SAMM)

L-57

114 SANDHU(SAMM)

6-2

LEITCH(SAMM)-NS

L-3

60 LEITCH(SAMM)-NS

BYE

BYE

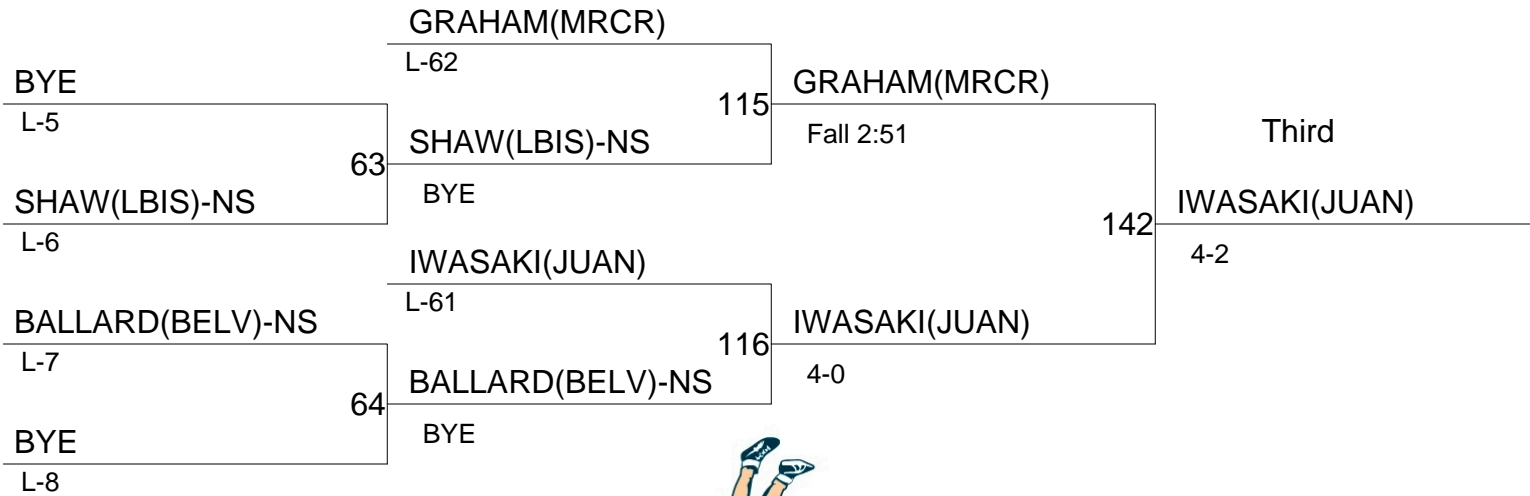
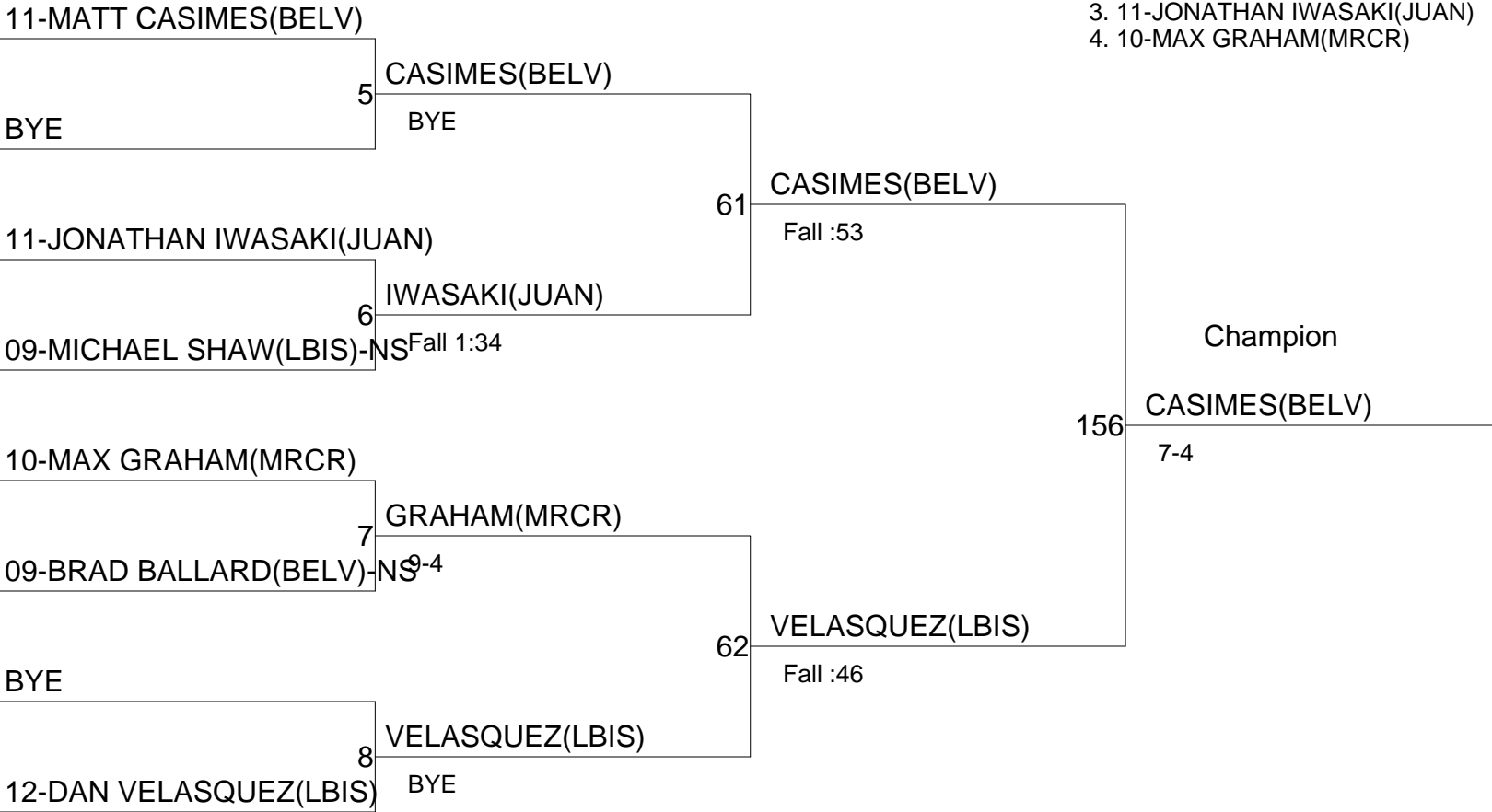
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# 3A KINGCO CHAMPIONSHIPS

Weight Class : **112**

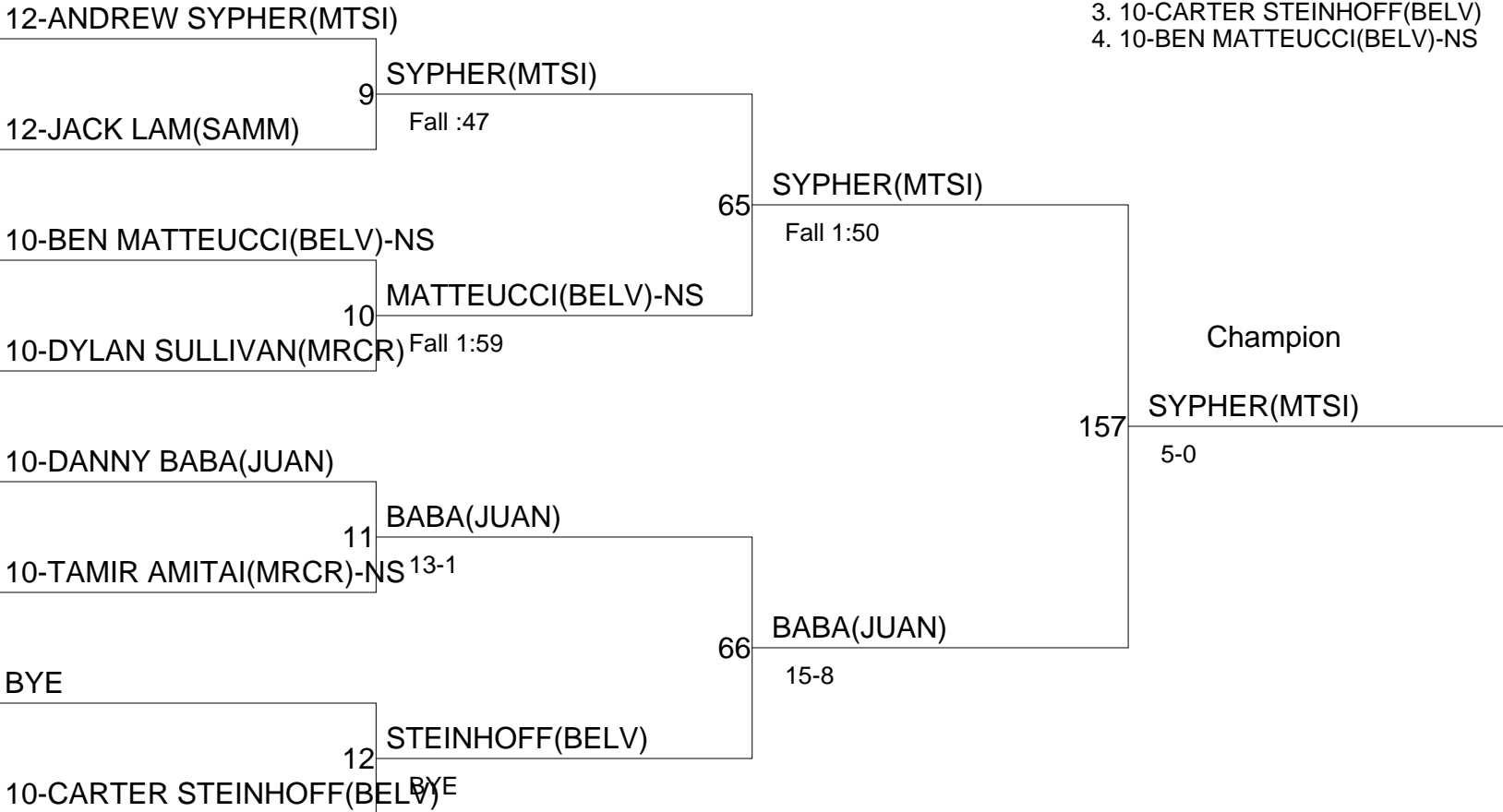
1. 11-MATT CASIMES(BELV)
2. 12-DAN VELASQUEZ(LBIS)
3. 11-JONATHAN IWASAKI(JUAN)
4. 10-MAX GRAHAM(MRCR)



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **119**

1. 12-ANDREW SYPHER(MTSI)
2. 10-DANNY BABA(JUAN)
3. 10-CARTER STEINHOFF(BELV)
4. 10-BEN MATTEUCCI(BELV)-NS



**Champion**  
SYPHER(MTSI)  
5-0

**Third**  
STEINHOFF(BELV)  
5-0



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **125**

1. 11-JOSH SPIEZLE(BELV)
2. 11-KYLE SHANAFELT(MRCR)
3. 10-CODY BOTTEN(MTSI)
4. 09-BRUCE STUART(MTSI)-NS

11-KYLE SHANAFELT(MRCR)

10-ANDY EWING(BELV)-NS

SHANAFELT(MRCR)

13

BYE

69

SHANAFELT(MRCR)

9-0

09-BRUCE STUART(MTSI)-NS

09-JARED BALES(LBIS)

14

STUART(MTSI)-NS

Fall 3:51

Champion

SPIEZLE(BELV)

158

3-2

10-CODY BOTTEN(MTSI)

11-MATT MUNA(JUAN)

15

BOTTEN(MTSI)

BYE

70

SPIEZLE(BELV)

Fall 3:04

BYE

11-JOSH SPIEZLE(BELV)

16

SPIEZLE(BELV)

BYE

BOTTEN(MTSI)

L-70

EWING(BELV)-NS

L-13

119

BOTTEN(MTSI)

13-1

Third

71

BALES(LBIS)

BYE

144

BOTTEN(MTSI)

12-0

BALES(LBIS)

L-14

STUART(MTSI)-NS

L-69

MUNA(JUAN)

L-15

120

STUART(MTSI)-NS

BYE

72

BYE

BYE

BYE

L-16

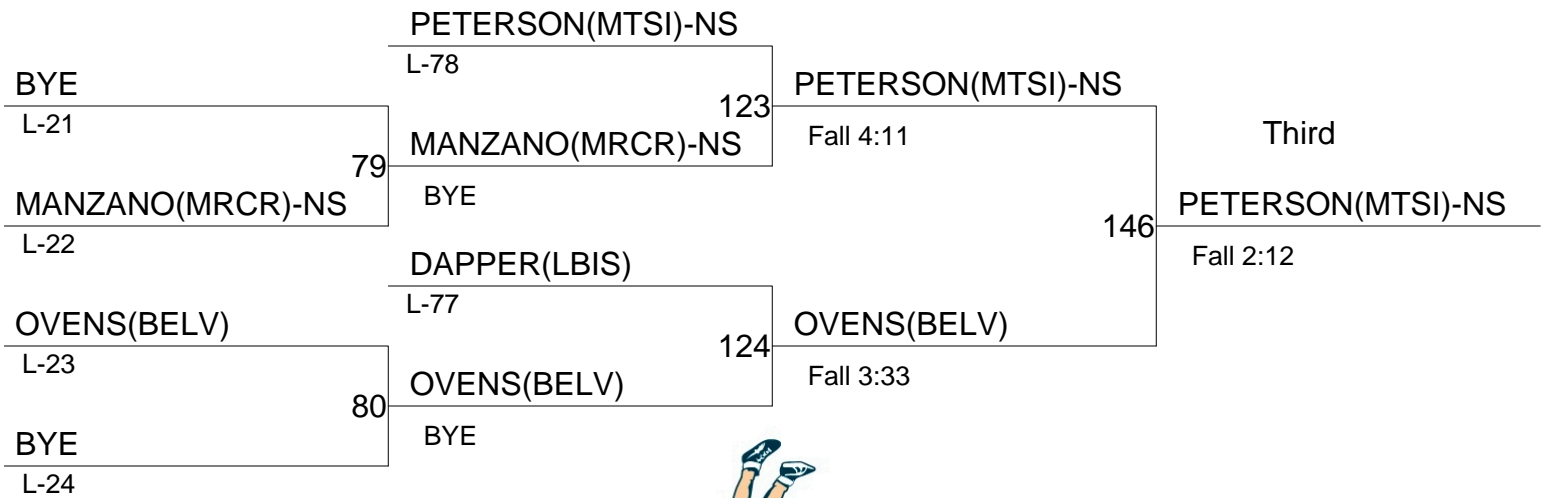
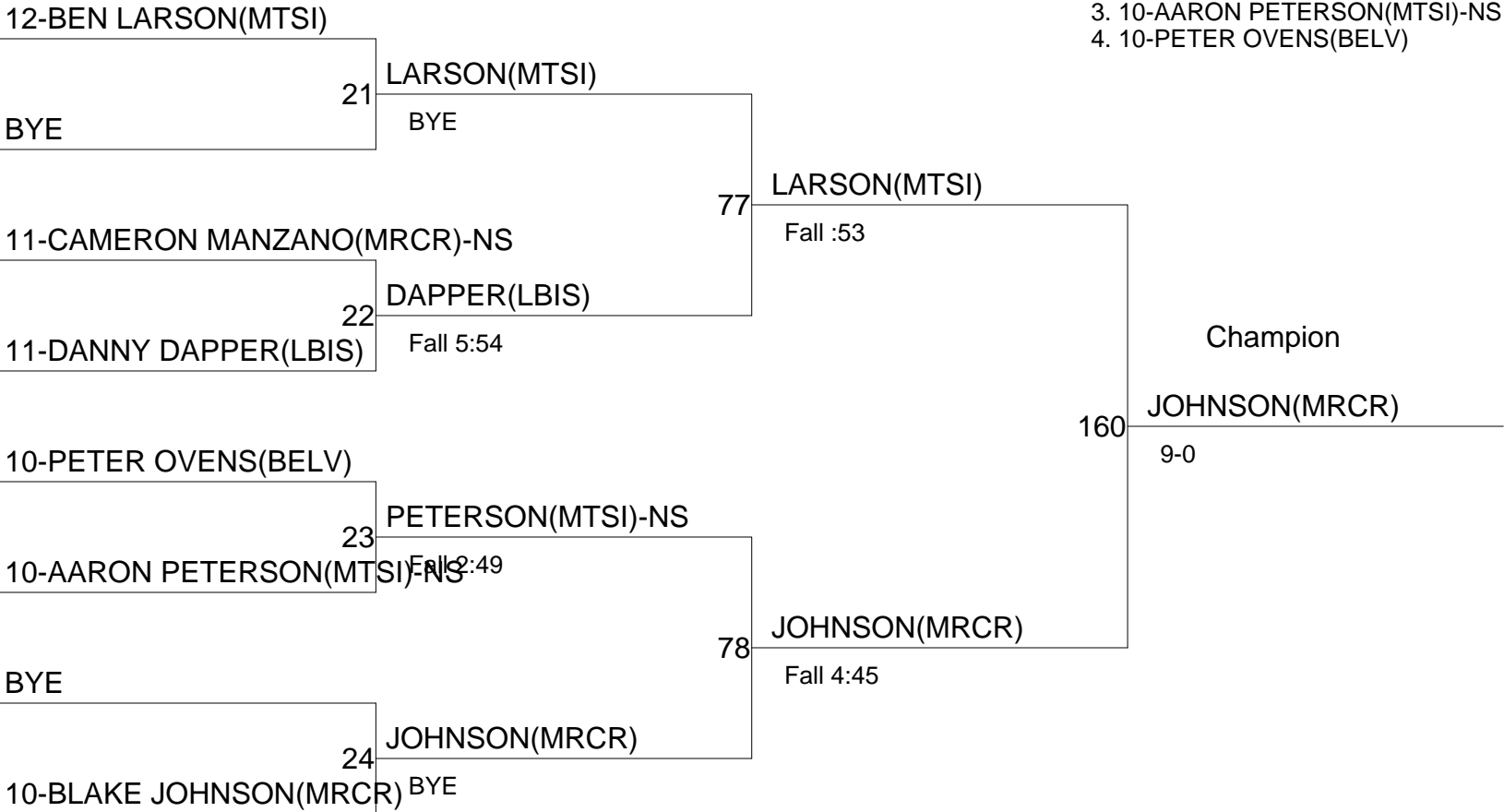




# 3A KINGCO CHAMPIONSHIPS

Weight Class : **135**

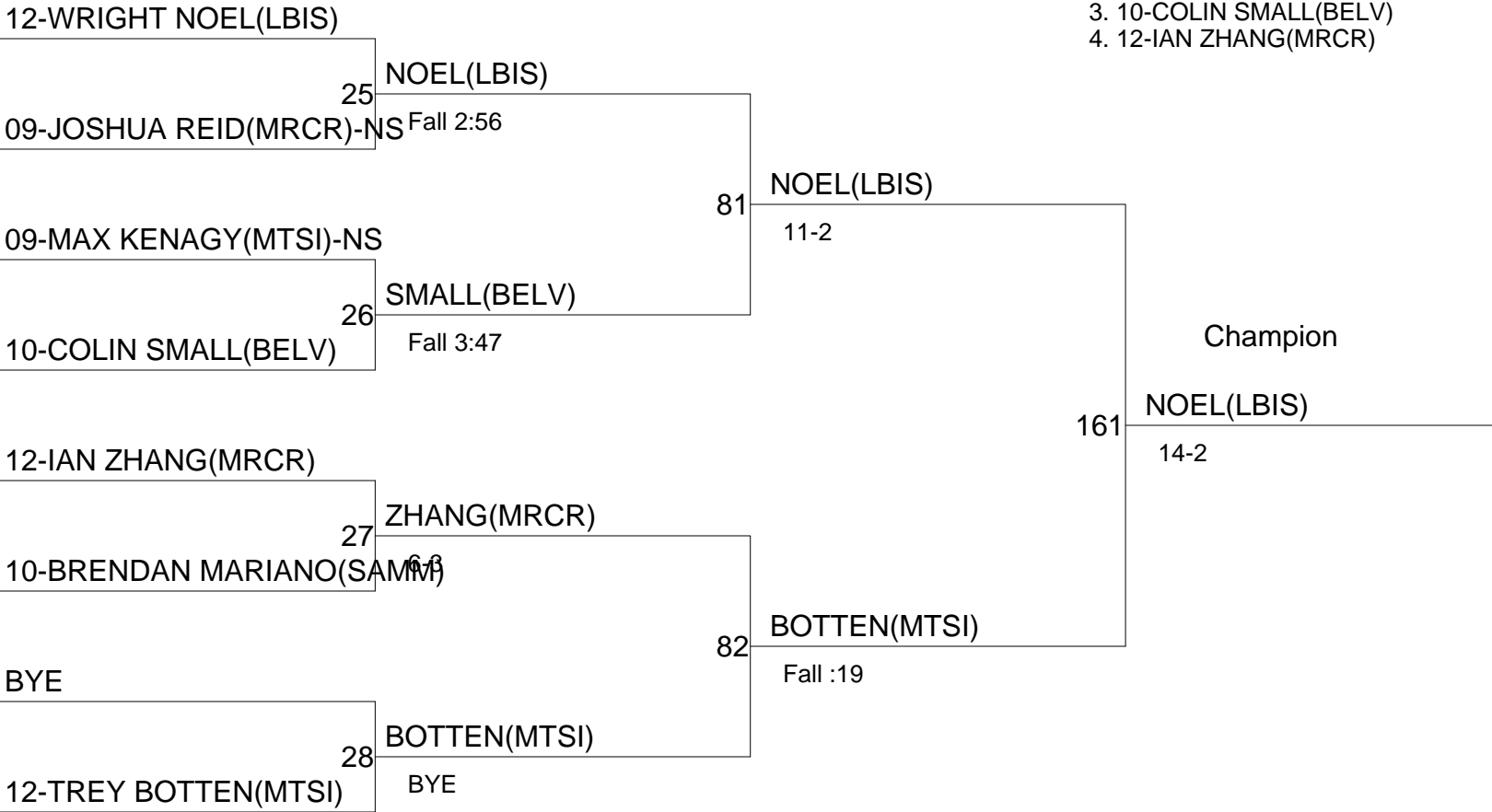
- 1. 10-BLAKE JOHNSON(MRCR)
- 2. 12-BEN LARSON(MTSI)
- 3. 10-AARON PETERSON(MTSI)-NS
- 4. 10-PETER OVENS(BELV)



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **140**

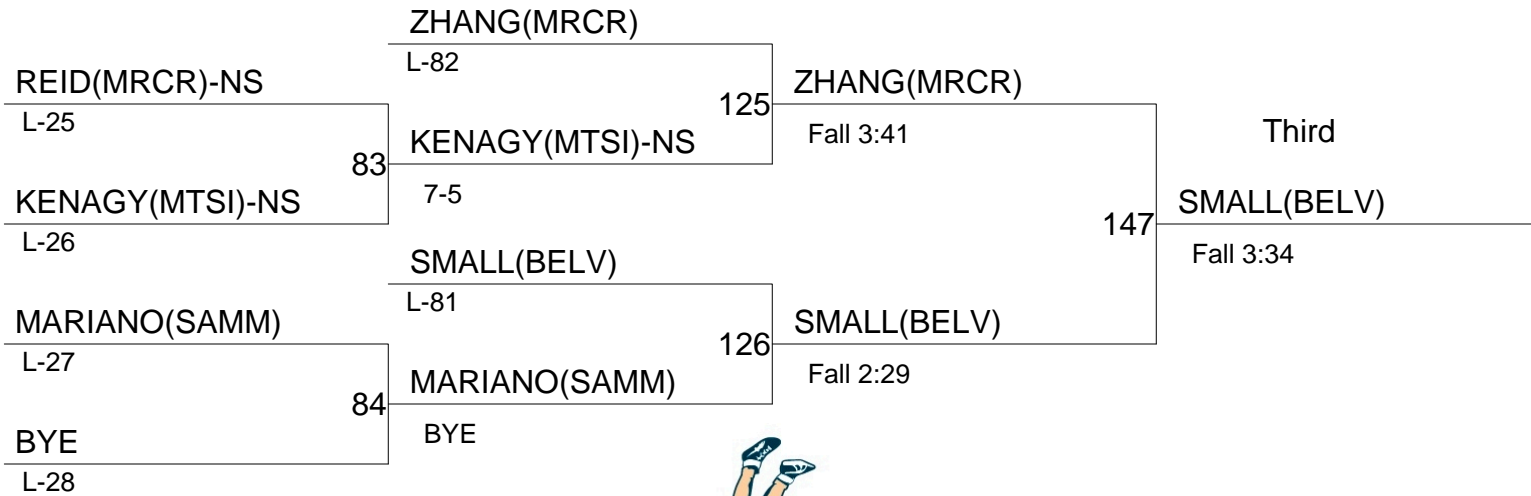
1. 12-WRIGHT NOEL(LBIS)
2. 12-TREY BOTTEN(MTSI)
3. 10-COLIN SMALL(BELV)
4. 12-IAN ZHANG(MRCR)



Champion

NOEL(LBIS)

14-2



Third

SMALL(BELV)

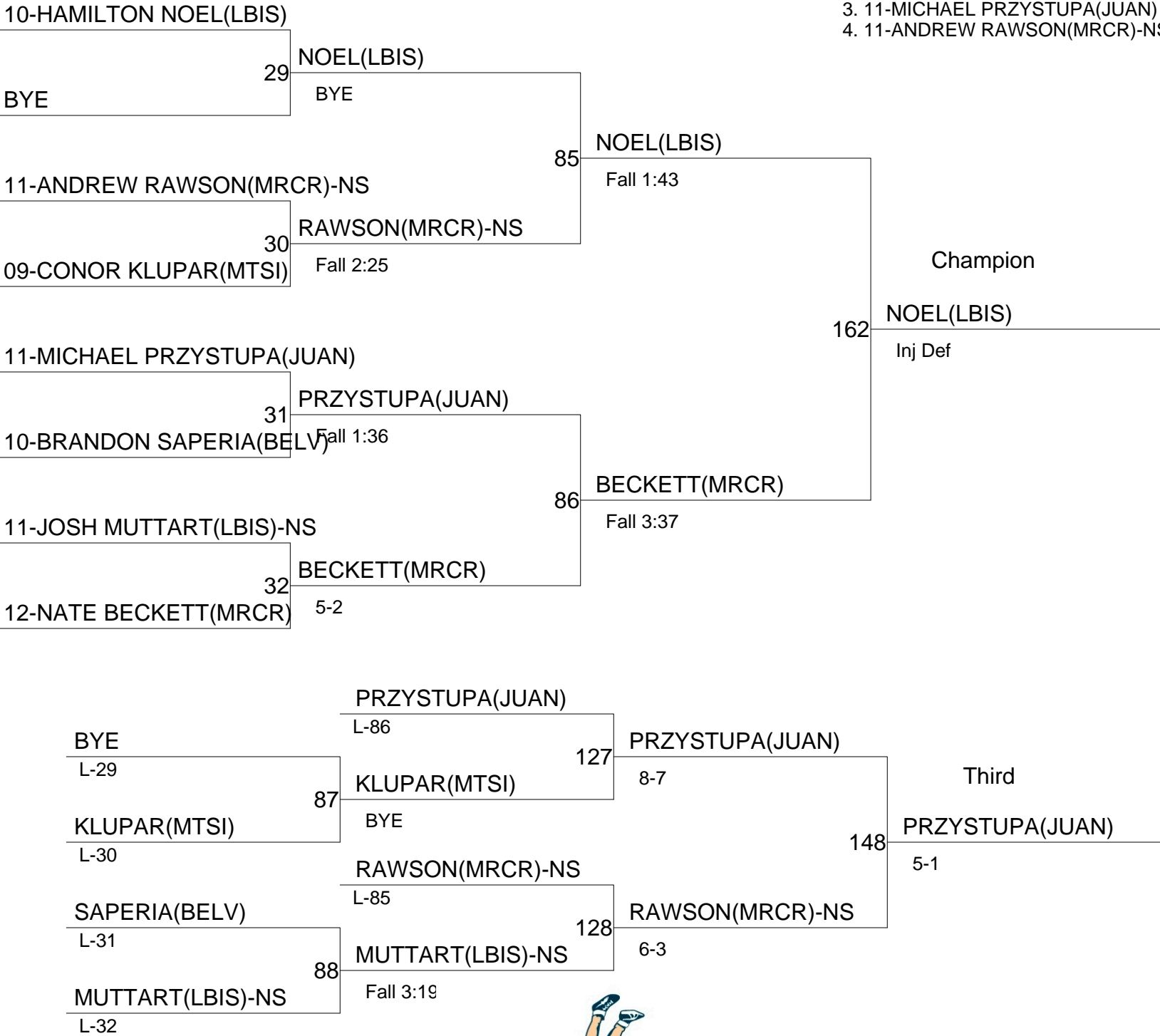
Fall 3:34



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **145**

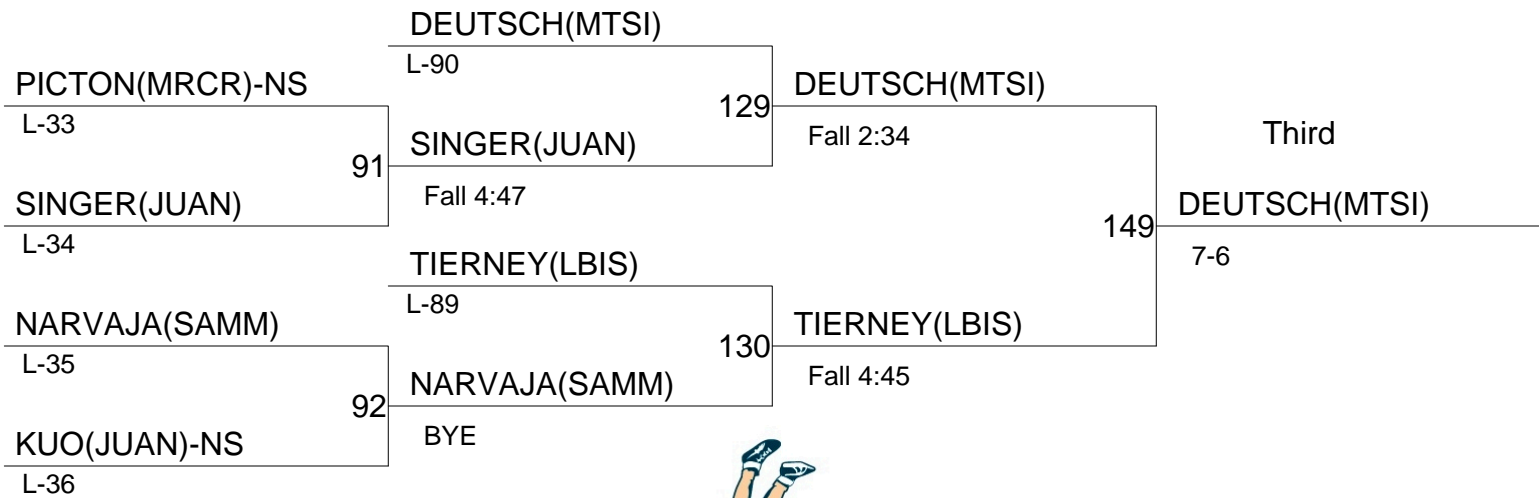
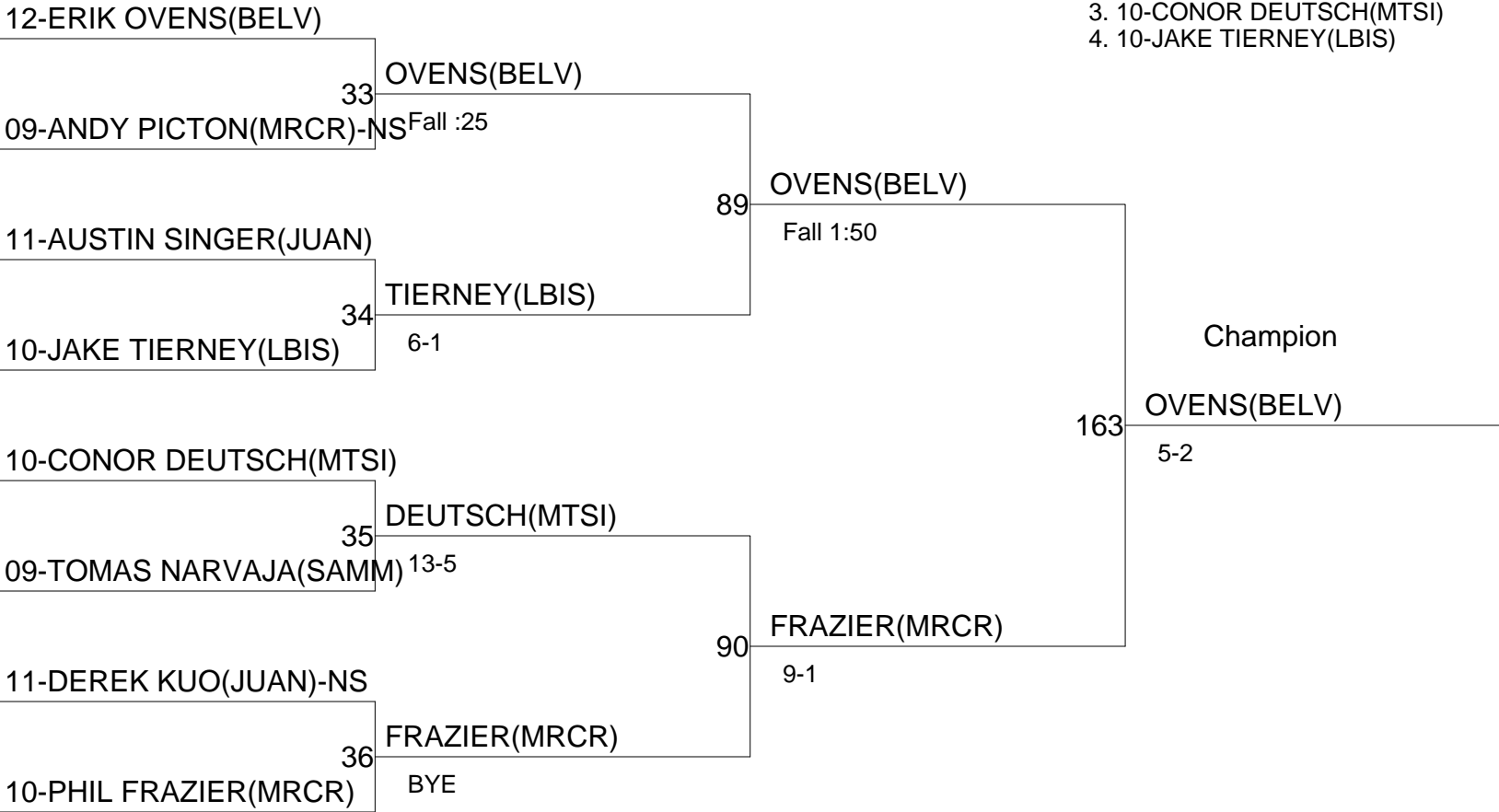
1. 10-HAMILTON NOEL(LBIS)
2. 12-NATE BECKETT(MRCR)
3. 11-MICHAEL PRZYSTUPA(JUAN)
4. 11-ANDREW RAWSON(MRCR)-NS



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **152**

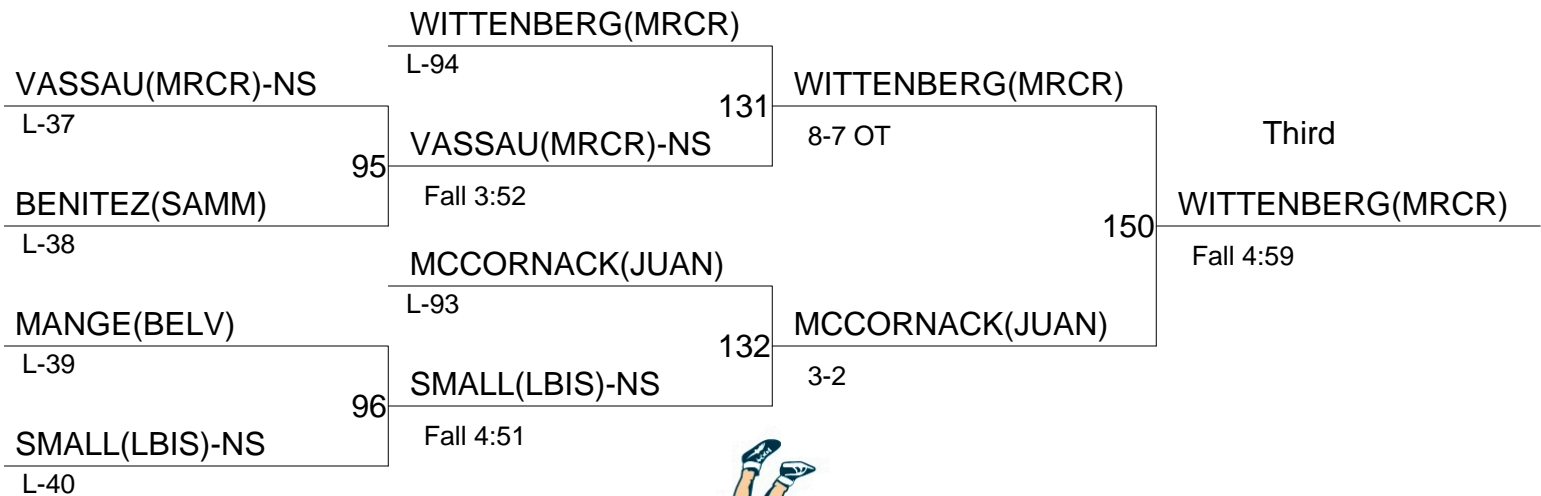
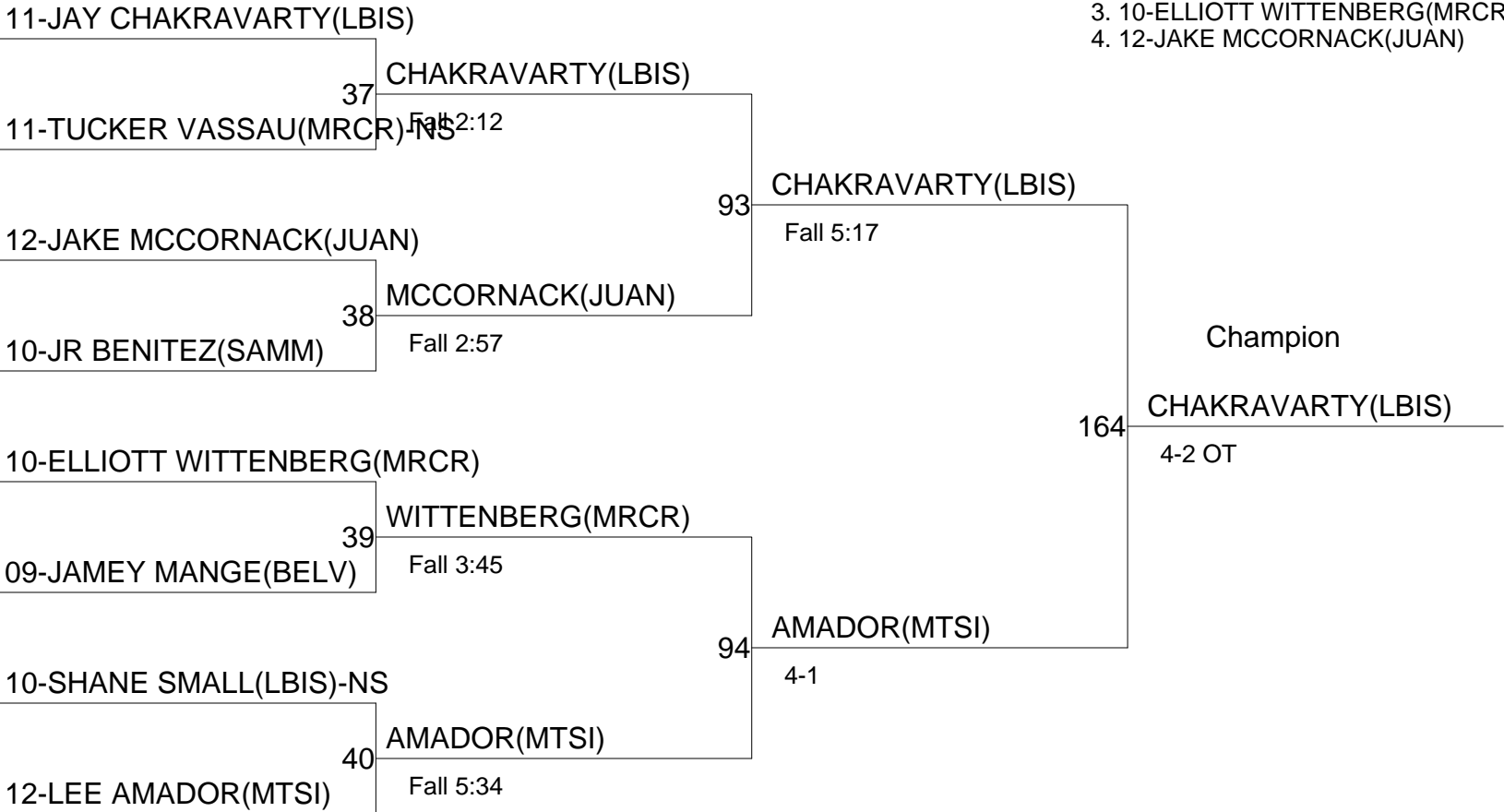
1. 12-ERIK OVENS(BELV)
2. 10-PHIL FRAZIER(MRCR)
3. 10-CONOR DEUTSCH(MTSI)
4. 10-JAKE TIERNEY(LBIS)



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **160**

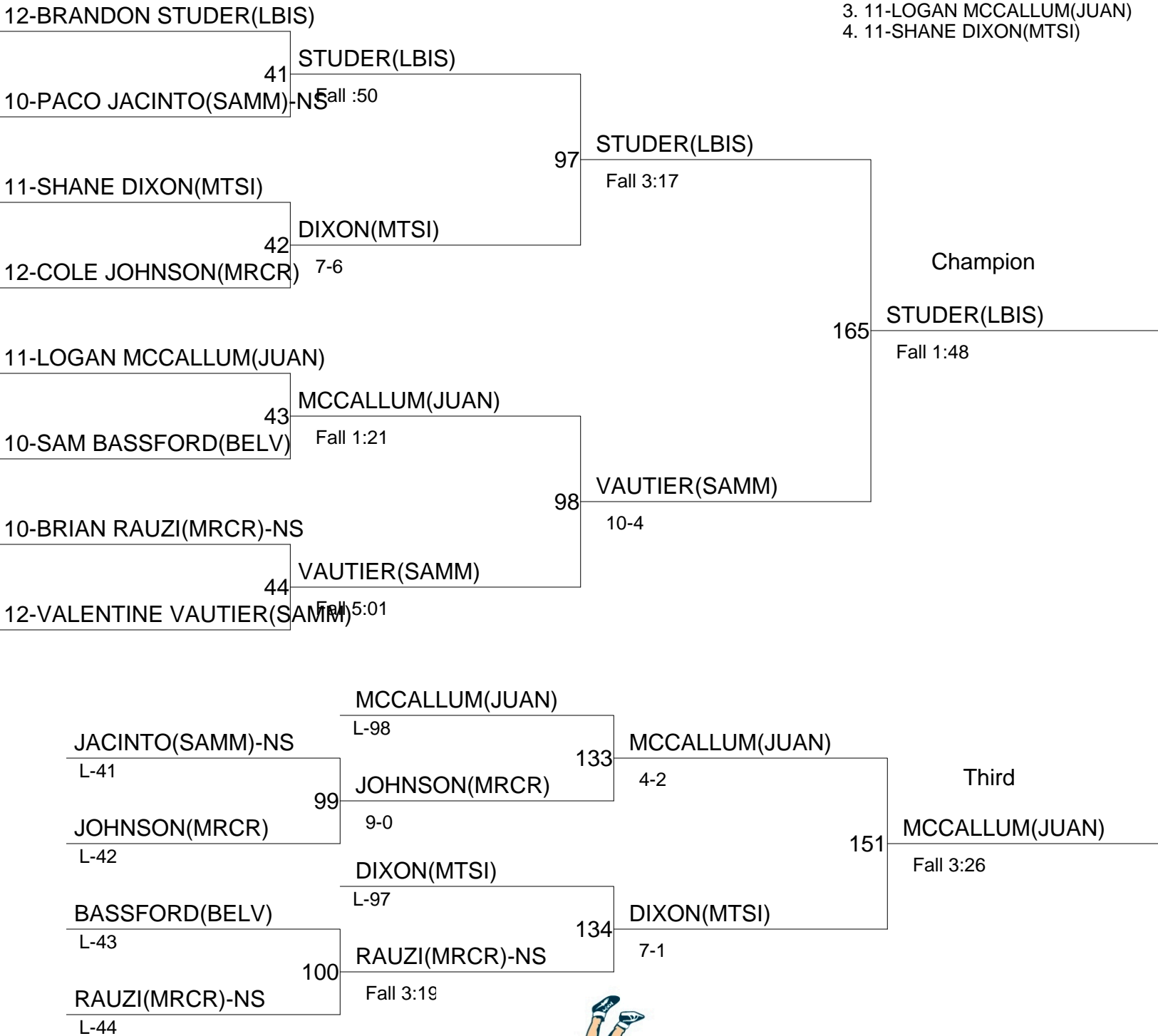
1. 11-JAY CHAKRAVARTY(LBIS)
2. 12-LEE AMADOR(MTSI)
3. 10-ELLIOTT WITTENBERG(MRCR)
4. 12-JAKE MCCORNACK(JUAN)



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **171**

1. 12-BRANDON STUDER(LBIS)
2. 12-VALENTINE VAUTIER(SAMM)
3. 11-LOGAN MCCALLUM(JUAN)
4. 11-SHANE DIXON(MTSI)



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **189**

1. 11-COLTON KNEBEL(MRCR)
2. 12-WILL FIELDS(BELV)
3. 12-NICK BEZANSON(LBIS)
4. 11-ZACH STORM(MTSI)

11-COLTON KNEBEL(MRCR)

45  
11-ROSS ANDERSON(SAMM)

KNEBEL(MRCR)

Fall :22

10-DANIEL ATKINS(JUAN)

46  
11-ZACH STORM(MTSI)

STORM(MTSI)

11-2

12-WILL FIELDS(BELV)

47  
10-JOHN FARMER(MTSI)-NS

FIELDS(BELV)

Fall 3:15

09-NOLAN FISK(MRCR)-NS

48  
12-NICK BEZANSON(LBIS)

BEZANSON(LBIS)

Fall 1:11

101

KNEBEL(MRCR)

Fall :49

102

FIELDS(BELV)

8-3

166

Champion  
KNEBEL(MRCR)

Fall 5:13

BEZANSON(LBIS)

L-102

ANDERSON(SAMM)

L-45

ATKINS(JUAN)

L-46

FARMER(MTSI)-NS

L-47

FISK(MRCR)-NS

L-48

103

ATKINS(JUAN)

13-3

104

STORM(MTSI)

L-101

FARMER(MTSI)-NS

Fall 2:32

135

BEZANSON(LBIS)

Fall :26

136

STORM(MTSI)

Fall 4:04

152

Third  
BEZANSON(LBIS)

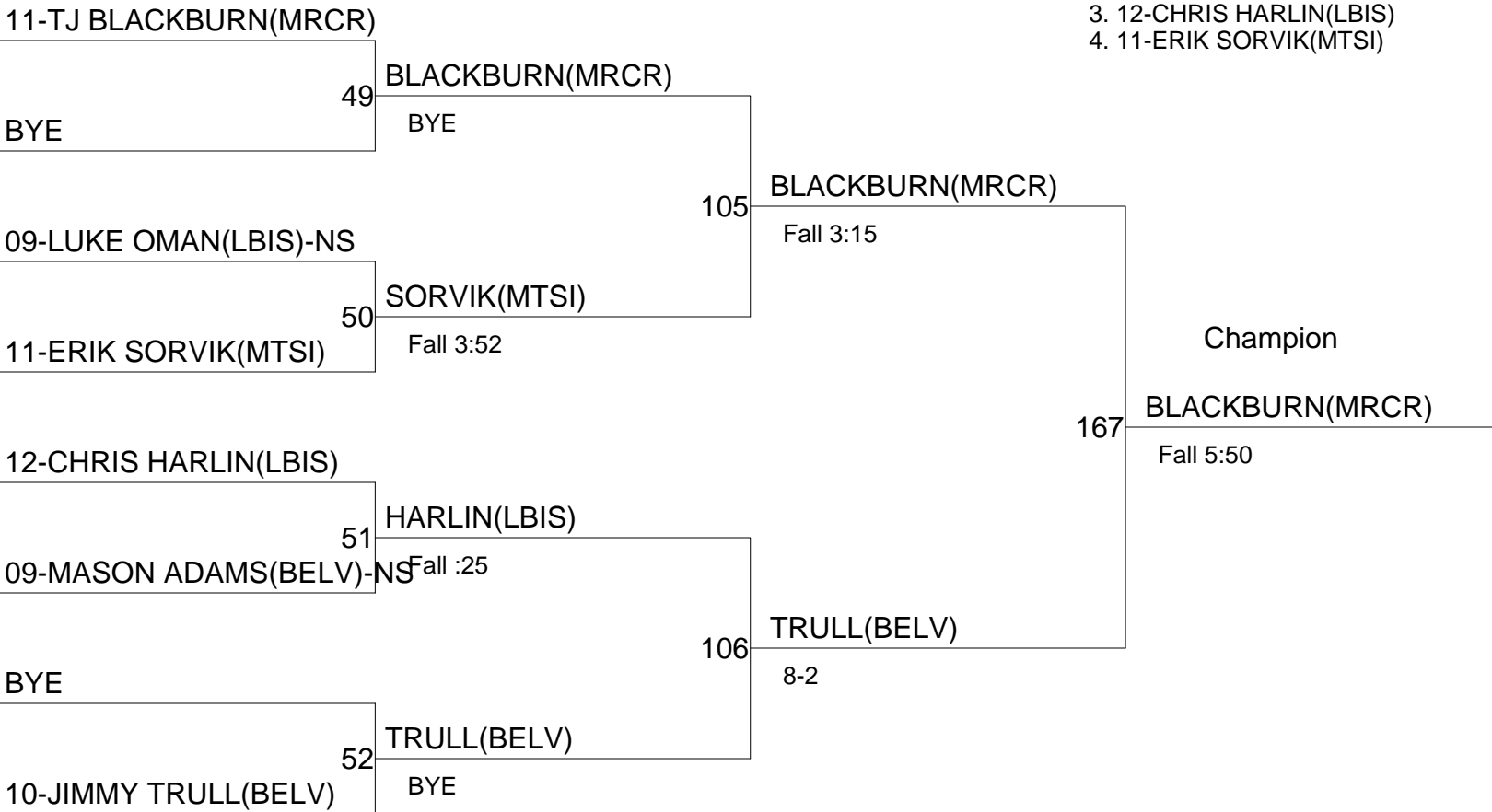
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# 3A KINGCO CHAMPIONSHIPS

Weight Class : **215**

1. 11-TJ BLACKBURN(MRCR)
2. 10-JIMMY TRULL(BELV)
3. 12-CHRIS HARLIN(LBIS)
4. 11-ERIK SORVIK(MTSI)



# 3A KINGCO CHAMPIONSHIPS

Weight Class : **285**

- 1. 11-CODY TREDDENBARGER(JUAN)
- 2. 12-JIN PARK(BELV)
- 3. 10-JOSH MITCHELL(MTSI)
- 4. 10-BRIAN COPELAND(MTSI)-NS

11-CODY TREDDENBARGER(JUAN)

BYE  
53

TREDDENBARGER(JUAN)

BYE  
109

TREDDENBARGER(JUAN)

Fall 1:36  
168

10-BRIAN COPELAND(MTSI)-NS

54  
12-NATHAN TINSETH(LBIS)

COPELAND(MTSI)-NS

10-0

Champion

TREDDENBARGER(JUAN)

Fall :34

10-JOSH MITCHELL(MTSI)

55  
10-TYLER ANTON(LBIS)-NS

MITCHELL(MTSI)

Fall 1:26

110

12-JIN PARK(BELV)

Fall 2:27

BYE

56  
12-JIN PARK(BELV)

12-JIN PARK(BELV)

BYE

MITCHELL(MTSI)

L-110  
139  
TINSETH(LBIS)

MITCHELL(MTSI)

11-9

Third

BYE

L-53  
111  
TINSETH(LBIS)

BYE

154

MITCHELL(MTSI)

Fall 4:17

TINSETH(LBIS)

L-54

COPELAND(MTSI)-NS

L-109  
140  
ANTON(LBIS)-NS

COPELAND(MTSI)-NS

Fall 4:06

ANTON(LBIS)-NS

L-55  
112  
BYE

BYE

BYE

L-56

