

2008 Kingco 3A/4A Championships
Wednesday May7, 2008 & Friday May 9, 2008
Liberty High School
Results - Friday, May, 2008

Girls 100 Meter Dash 3A

Meet Record: 11.50 M 1992 Danielle Marshall/Lk Wash
3A Dist Qual: 12.59 D

Name	Yr	School	Finals
Finals			
1 Johanna Carr	Jr	Iss	12.32D 10
2 Shealee O'Donnell	So	Sky	12.40D 8
3 Haley Jacobson	Fr	Iss	12.56D 6
4 Helen Hasbun	So	Mt Si	12.94 5
5 Randi Boseman	So	Newp	13.11 4
6 Kiara Williams	Jr	Sky	13.15 3
7 Rachael Butenko	Jr	Sky	13.43 2

Girls 200 Meter Dash 3A

Meet Record: 24.50 M 1992 Danielle Marshall/Lk Wash
3A Dist Qual: 26.06 D

Name	Yr	School	Finals
Finals			
1 Johanna Carr	Jr	Iss	25.43D 10
2 Shealee O'Donnell	So	Sky	25.55D 8
3 Jasmine Cho	Jr	Newp	25.82D 6
4 Haley Jacobson	Fr	Iss	26.21 5
5 Kaylyn Berry	Jr	Sky	26.60 4
6 Kayla Mclain	Jr	Mt Si	26.72 3
7 Vanessa Steinberg	Jr	Sam	27.26 2
8 Taylor Wilkins	Fr	Sky	27.50 1

Girls 400 Meter Dash 3A

Meet Record: 55.60 M 1976 Sue Monda/Newport
3A Dist Qual: 58.75 D

Name	Yr	School	Finals
Finals			
1 Jasmine Cho	Jr	Newp	57.28D 10
2 Kaley Allison	So	Iss	59.25 8
3 Katie Woolsey	Sr	Mt Si	60.19 6
4 Vanessa Steinberg	Jr	Sam	60.46 5
5 Michelle Bretl	Fr	Sky	61.33 4
6 Jordan McMillan	Jr	Belv	61.34 3
7 Taylor Moravec	Jr	Sam	61.36 2
8 Christine Melby	So	Belv	63.18 1

Girls 800 Meter Run 3A

Meet Record: 2:12.27 M 2005 Jessica Pixler/Eastlake
3A Dist Qual: 2:17.51 D

Name	Yr	School	Finals
Finals			
1 Bonnie Young	Sr	Iss	2:19.97 10
2 Phoebe Merritt	Jr	M Is	2:21.02 8
3 Michelle Ireland	Jr	Sky	2:22.88 6
4 Casey Warendorf	So	Belv	2:23.37 5
5 Jordan Hanson	Sr	Lib	2:23.56 4
6 Brianna Fowler-Lindner	So	Iss	2:30.25 3
7 Olivia Schmoe	So	Iss	2:32.29 2
8 Emily Albrecht	So	Newp	2:35.88 1

Girls 3200 Meter Run 3A

Meet Record: 10:09.00 M 1981 Patty Matava/Bellevue
3A Dist Qual: 11:15.91 D

Name	Yr	School	Finals
Finals			
1 Natty Plunkett	Sr	Newp	11:10.93D 10
2 Jillian Altizer	Jr	Newp	11:21.89 8
3 Emilie Gilbert	Jr	Belv	11:24.43 6
4 Alisha Connors	Fr	Sky	11:27.33 5
5 Gabi Goyette	So	M Is	11:42.87 4
6 Andrea Morgan	Sr	Sky	11:47.03 3
7 Alex Rudd	So	Mt Si	11:47.06 2
8 Molly O'Callahan	So	M Is	11:56.07 1
9 Christine Dollard	Jr	Newp	11:59.85
10 Katri Gilbert	Jr	Belv	12:02.49
11 Katrina England	So	Newp	12:05.76
12 Alison Ulie	Sr	M Is	12:22.95
13 Jillian Raftery	Sr	Newp	12:23.39
14 Emily Comfort	Jr	Iss	12:39.61
15 Josie Narvaja	Jr	Sam	12:49.96
16 Emily Cheung	So	Sky	13:48.07

Girls 100 Meter Hurdles 3A

Meet Record: 14.30 M 2000 Tiffany Walker/Newort
3A Dist Qual: 15.97 D

Name	Yr	School	Finals
Finals			
1 Kiara Williams	Jr	Sky	15.23D 10
2 Diana Keller	Jr	Mt Si	15.25D 8
3 Elaine Tran	Jr	Iss	16.01 6
4 Barbara Holladay	Sr	Sky	16.40 5
5 Amber Dodd	So	Sky	16.83 4
6 Cora Miller	Fr	M Is	17.10 3
7 Tracy Vojik	Sr	M Is	17.50 2
8 Devan Paxton	Jr	Newp	17.66 1

Girls 300 Meter Hurdles 3A

Meet Record: 43.69 M 1999 Jill Bell/Bellevue
3A Dist Qual: 48.25 D

Name	Yr	School	Finals
Finals			
1 Elaine Tran	Jr	Iss	46.43D 10
2 Amber Dodd	So	Sky	47.05D 8
3 Courtney Reames	So	Belv	47.40D 6
4 Barbara Holladay	Sr	Sky	48.20D 5
5 Alexis Osborn	Jr	Sam	49.60 4
6 Devan Paxton	Jr	Newp	49.73 3
7 Anna Skutley	Jr	Lib	50.43 2
8 Hannah Hasbun	So	Mt Si	50.52 1

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Girls 4x100 Meter Relay 3A

Meet Record: 48.27 M 2007 Skyline
 3A Dist Qual: 50.18 D

Team	Relay	Finals
Finals		
1 Skyline HS		48.97D 10
2 Issaquah HS		49.16D 8
3 Newport HS		50.69 6
4 Mount Si HS		50.70 5
5 Bellevue HS		52.02 4
6 Mercer Island HS		52.33 3
7 Interlake HS		53.10 2
8 Liberty HS		54.60 1

Girls 4x200 Meter Relay 3A

Meet Record: 1:42.45 M 2007 Skyline
 3A Dist Qual: 1:46.15 D

Team	Relay	Finals
Finals		
1 Skyline HS		1:44.44D 10
2 Issaquah HS		1:45.23D 8
3 Mount Si HS		1:47.34 6
4 Sammamish HS		1:50.59 5
5 Bellevue HS		1:51.18 4
6 Newport HS		1:51.47 3
7 Interlake HS		1:52.22 2
8 Liberty HS		1:52.54 1

Girls 4x400 Meter Relay 3A

Meet Record: 3:53.10 M 1978 Sammamish
 3A Dist Qual: 4:02.18 D

Team	Relay	Finals
Finals		
1 Issaquah HS		4:06.73 10
2 Liberty HS		4:09.87 8
3 Bellevue HS		4:11.02 6
4 Newport HS		4:11.90 5
5 Skyline HS		4:13.32 4
6 Mercer Island HS		4:15.55 3
7 Mount Si HS		4:19.45 2
8 Sammamish HS		4:35.85 1

Girls High Jump 3A

Meet Record: 6-00 M 1982 Mary Moore/Issaquah
 3A Dist Qual: 4-10.75 D

Name	Yr	School	Finals
Finals			
1 Stephanie Burk	Jr	Mt Si	5-01.00D 10
2 Barbara Holladay	Sr	Sky	5-00.00D 8
3 Samantha King	Sr	Iss	J5-00.00D 6
4 Ashley Bonnell	Sr	Int	4-10.00 4.5
4 Kiara Williams	Jr	Sky	4-10.00 4.5
6 Marina Galbraith	Jr	Sky	J4-10.00 2
6 Caroline Stephens	Jr	M Is	J4-10.00 2

6 Jacklyn Borth	Sr	Iss	J4-10.00 2
9 Stephanie Stoll	So	Iss	4-08.00
9 Diana Keller	Jr	Mt Si	4-08.00
9 Kaya Mills	Jr	Newp	4-08.00
12 Wendy Hecker	Jr	Mt Si	J4-08.00
12 Kimberly Sheasley	Fr	Iss	J4-08.00
12 Kaylie Gray	Fr	Belv	J4-08.00
15 Kelsey Kosenkranius	So	Sky	J4-08.00
--- Mckayla Nunes	So	Belv	NH
--- Sarah Quehrn	Sr	Belv	NH
--- Alex King	Jr	Newp	NH
--- Stephanie Dotson	Sr	Newp	NH
--- Michelle Bretl	Fr	Sky	NH
--- Kelsey Salvo	Jr	M Is	NH

Girls Triple Jump 3A

Meet Record: 40-00.50 M 2004 Christina Tupper/Skyline
 3A Dist Qual: 34-03 D

Name	Yr	School	Finals
Finals			
1 Kayli Kohlrus	So	Sky	35-11.25D 10
2 Kaya Mills	Jr	Newp	34-09.50D 8
3 Stephanie Stoll	So	Iss	34-00.50 6
4 Rachael Butenko	Jr	Sky	33-11.00 5
5 Symone Shaw	Sr	Mt Si	33-06.00 4
6 Janelle Chow	Jr	M Is	J33-06.00 3
7 Kelsey Salvo	Jr	M Is	32-10.50 2
8 Stephanie Burk	Jr	Mt Si	32-05.75 1
9 Kristin Suzuki	So	Belv	32-02.00
10 Rachel Wirtz	Jr	Newp	31-08.50
11 Diana Keller	Jr	Mt Si	29-06.25
12 Libby Montgomery	Sr	Belv	29-04.75
13 Emily Flanik	Sr	Lib	29-01.00
14 Lauren Sadler	Jr	M Is	28-02.00
15 Kendall Paulsen	So	Iss	27-09.00

Girls Shot Put 3A

Meet Record: 46-05 M 1983 Chris VanPelt/Bellevue
 3A Dist Qual: 36-00 D

Name	Yr	School	Finals
Finals			
1 Emee Mathew	Sr	Iss	38-01.00D 10
2 Alisha Larion	Sr	Mt Si	36-07.75D 8
3 Jessica Kneip	Sr	Belv	35-10.00 6
4 Katelyn Walker	Sr	Mt Si	34-11.00 5
5 Michelle Druktenis	Sr	Iss	33-05.75 4
6 Molly Meyers	So	Mt Si	32-08.25 3
7 Kelsey Tarp	Sr	Mt Si	32-05.75 2
8 Corinna VanHurstun	Jr	Lib	32-04.00 1
9 Maggie Roe	So	Newp	31-08.25
10 Mariah Skeen	Jr	Newp	30-04.75
11 Haley Ziegler	Fr	Sky	29-01.75
12 Jillian Stika	So	Sky	29-00.75
13 Quashana Barber	Jr	Sam	28-09.25
14 Kellyn McCann	Jr	Sam	28-07.75

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Finals ... (Girls Shot Put 3A)

Name	Yr	School	Finals
15 Cadie Kneip	Sr	Belv	28-05.50
--- Olivia Harvey	Sr	M Is	FOUL

Girls Javelin Throw 3A

Meet Record: 147-05 M 1990 Kelsey Stellick/Sammamish

3A Dist Qual: 111-02 D

Name	Yr	School	Finals
Finals			
1 McKensie Gelber	Sr	Sky	125-09D 10
2 Britlyn Garrett	Sr	Sky	120-08D 8
3 Rebecca Teel	Sr	Lib	118-00D 6
4 Cassie Villnow	Sr	Sky	115-01D 5
5 Marlee Elston	Jr	Belv	109-11 4
6 Haley Ziegler	Fr	Sky	109-02 3
7 Christine Meehan	Jr	Newp	102-10 2
8 Katie Woolsey	Sr	Mt Si	99-04 1
9 Emily Ferree	So	Mt Si	98-00
10 Katelyn Walker	Sr	Mt Si	97-07
11 Molly Meyers	So	Mt Si	96-03
12 Amanda Bard	Jr	Lib	89-06
13 Christina Huff	So	Lib	89-05
14 Kelley Chen	So	Iss	86-09
15 Cami Schiel	Sr	Newp	86-03
16 Carly Andrews	Sr	Iss	84-10

Girls 100 Meter Dash 4A

Meet Record: 11.50 M 1992 Danielle Marshall/Lk Wash

Name	Yr	School	Finals
Finals			
1 Ariana Jones	11	Fran	12.24 10
2 Bianca Greene	12	Garf	12.27 8
3 McKenna Grimsby	10	Ingl	12.84 6
4 Kaitlyn Parrott	11	Red	12.98 5
5 Taylor McKinney	9	Garf	13.00 4
6 Danita Hamptonie	10	Fran	13.23 3
7 Mikaela Winter	12	Ballard	13.45 2
8 Megan Shinner	10	Ingl	13.47 1

Girls 200 Meter Dash 4A

Meet Record: 24.50 M 1992 Danielle Marshall /Lk Wash

Name	Yr	School	Finals
Finals			
1 Bianca Greene	12	Garf	24.60 10
2 Ariana Jones	11	Fran	25.72 8
3 Sharkyla Truth	10	Garf	25.92 6
4 Lindsay Finch	12	Ingl	26.05 5
5 Alexis Williams-Edwards	12	Garf	26.11 4
6 McKenna Grimsby	10	Ingl	26.50 3
7 Kaitlyn Parrott	11	Red	26.62 2
8 Allison Tesch	11	Roos	27.55 1

Girls 400 Meter Dash 4A

Meet Record: 55.60 M 1976 Sue Monda/Newport

Name	Yr	School	Finals
Finals			
1 Bianca Greene	12	Garf	57.01 10
2 Lindsay Finch	12	Ingl	58.84 8
3 Sharkyla Truth	10	Garf	60.11 6
4 Stephanie Morrison	11	Both	61.19 5
5 Brenda Seymour	10	Roos	61.37 4
6 April Dick	10	Wood	61.49 3
7 Jena Roe	12	Ingl	61.50 2
8 Megan Shinner	10	Ingl	64.35 1

Girls 800 Meter Run 4A

Meet Record: 2:12.27 M 2005 Jessica Pixler,Eastlake

Name	Yr	School	Finals
Finals			
1 Chelsea Orr	10	East	2:14.76 10
2 Brittany Hungerford	11	Ingl	2:18.10 8
3 Rachel Williamson	12	Ingl	2:18.52 6
4 Alix Boyd	11	Lk W	2:19.72 5
5 Jenny Light	12	Red	2:20.19 4
6 Merritt Peterson	12	Roos	2:22.79 3
7 Anna Dailey	10	Garf	2:27.23 2
8 Kelly Brown	11	Red	2:27.97 1

Girls 3200 Meter Run 4A

Meet Record: 10:09.00 M 1981 Patty Matava/Bellevue

Name	Yr	School	Finals
Finals			
1 Sarah Lord	11	Red	10:58.03 10
2 Devin McMahan	10	Red	11:00.74 8
3 Sadie Mohler	12	Roos	11:30.89 6
4 Lauren Hammerle	11	Ballard	11:33.27 5
5 Carmen Tubbesing	12	Red	11:36.02 4
6 Erin Blodnick	10	East	11:36.80 3
7 Ashley Nichols	10	Ingl	11:43.20 2
8 Hailey Jorgensen	10	Red	11:48.91 1
9 Erin Philbeck	10	Ballard	11:56.81
10 Kayla Schick	11	Wood	11:58.72
11 Kristen Klimisch	10	Red	12:08.30
12 Melissa Villeneuve	10	Red	12:18.63
13 Lyndsey Rakestraw	11	Wood	12:21.32
14 Janelle Sagawa	12	Wood	12:27.03
15 Elizabeth Murray	10	East	12:49.58
15 Taylor Bolibol	11	Wood	12:49.58

Girls 100 Meter Hurdles 4A

Meet Record: 14.30 M 2000 Tiffany Walker/Newport

Name	Yr	School	Finals
Finals			
1 Briecia Lewis	11	Lk W	16.11 10
2 Jasmine Jones	12	Fran	16.15 8
3 Lan VoBa	12	East	16.59 6

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Finals ... (Girls 100 Meter Hurdles 4A)

Name	Yr	School	Finals
4 Amy Sturdivant	11	Red	16.73 5
5 Annika Juhlin	12	Ingl	16.87 4
6 Molly Enger	12	Lk W	16.97 3
7 Anelese Webster	11	Wood	17.42 2
8 Katoya Kinsey	10	Fran	22.32 1

Girls 300 Meter Hurdles 4A

Meet Record: 43.69 M 1999 Jill Bell /Bellevue

Name	Yr	School	Finals
Finals			
1 Jasmine Jones	12	Fran	46.94 10
2 Molly Enger	12	Lk W	48.17 8
3 Lacy Newbold	10	Lk W	48.38 6
4 Ericka Mcdaniel	10	Ingl	48.47 5
5 Briecia Lewis	11	Lk W	48.92 4
6 Katoya Kinsey	10	Fran	49.45 3
7 Magen Tipler	11	Red	49.56 2
8 Ava Keating	10	Roos	53.33 1

Girls 4x100 Meter Relay 4A

Meet Record: 48.27 M 2007 Skyline

Team	Relay	Finals
Finals		
1 Garfield HS		49.56 10
2 Franklin HS		49.72 8
3 Inglemoor HS		49.96 6
4 Eastlake HS		52.33 5
5 Roosevelt HS		52.41 4
6 Woodinville HS		53.11 3
7 Lake Washington HS		57.21 2

Girls 4x200 Meter Relay 4A

Meet Record: 1:42.45 M 2007 Skyline

Team	Relay	Finals
Finals		
1 Inglemoor HS		1:45.60 10
2 Garfield HS		J1:45.60 8
3 Eastlake HS		1:49.70 6
4 Franklin HS		1:50.70 5
5 Lake Washington HS		1:51.10 4
6 Roosevelt HS		1:51.90 3
7 Woodinville HS		1:53.80 2

Girls 4x400 Meter Relay 4A

Meet Record: 3:53.10 M 1978 Sammamish

Team	Relay	Finals
Finals		
1 Redmond HS		4:05.18 10
2 Inglemoor HS		4:07.03 8
3 Roosevelt HS		4:12.77 6
4 Lake Washington HS		4:13.46 5
5 Eastlake HS		4:14.38 4
6 Garfield HS		4:16.26 3

7 Juanita HS	4:21.80	2
8 Woodinville HS	4:21.98	1

Girls Pole Vault 4A

Meet Record: 12-06 M 2006 Laura Schvaneveldt/Interlake

Name	Yr	School	Finals
Finals			
1 Karis Anderson	1	Roos	9-06.00 10
2 Amy Sturdivant	11	Red	J9-06.00 7
2 Cici Cyr	11	Wood	J9-06.00 7
4 Marimar White-Espin	12	Ballard	J9-06.00 5
5 Alyssa Bettinger	11	East	8-06.00 4
6 Annika Juhlin	12	Ingl	8-00.00 3
7 Kasey Harris	11	East	J8-00.00 2
8 Maggie Montgomery	9	Roos	J8-00.00 1
9 Michelle Sondheim	11	East	7-06.00
9 Alyssa Silva	10	Both	7-06.00
9 Morgan Burke	10	Red	7-06.00
12 Hannh Armour	11	East	J7-06.00
13 Bryttany Enge	11	Wood	J7-06.00
14 Emma Bowen	10	Ballard	J7-06.00
15 Nicole Stull	11	East	J7-06.00
16 Amy Wyatt	12	Both	7-00.00
--- Kelly Thornton	12	Ingl	NH
--- Chyena Markley	11	East	NH
--- Taryn Baumann	10	East	NH
--- Natalie Rall	10	East	NH

Girls Triple Jump 4A

Meet Record: 40-00.50 M 2004 Christina Tupper/Skyline

Name	Yr	School	Finals
Finals			
1 Tess Parent	10	Ingl	36-07.75 10
2 Lan VoBa	12	East	34-09.00 8
3 Natalie Lambert	11	East	34-08.75 6
4 Taylor McKinney	9	Garf	33-03.50 5
5 Ally Mueller	11	Red	33-02.00 4
6 Lani Pruett	10	Juan	32-05.75 3
7 Moureen Moschel	10	Both	32-02.00 2
8 Hannah Leone	10	Ingl	31-11.50 1
9 Kristin Frost	12	Wood	31-08.00
10 Chloe Stiggelbout	10	Roos	31-04.75
11 Erin Handschin	10	Red	31-02.25
12 Brittany Herring	11	Juan	31-02.00
13 Carlye Skinner	10	East	30-11.25
14 Annie Brandon	11	Juan	30-04.50
15 An Huynh	10	Both	29-08.25
16 Michelle Bollinger	12	Red	29-03.25

Girls Shot Put 4A

Meet Record: 46-05 M 1983 Chris VanPelt/Bellevue

Name	Yr	School	Finals
Finals			
1 Rakayala Robertson	11	Garf	33-10.50 10
2 Sabrina Grandke-Bawab	10	Juan	31-08.50 8

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Name	Yr	School	Finals
3 Elizabeth Kirsten	11	East	31-08.25 6
4 Katherine Severin	10	Wood	31-06.75 5
5 Kate Lilly	12	Ingl	31-00.50 4
6 Kenna Campbell	11	Wood	31-00.00 3
7 Kat Donovan	12	Red	29-11.50 2
8 Felomina Cervantes	11	Fran	28-07.00 1
9 Amy Wyatt	12	Both	28-03.00
10 Katie Arlan	12	Both	27-07.00
11 Kelsie Axelrod	12	Red	26-02.00
12 Chrissy Baumgartner	12	Ingl	25-10.25
13 Mandy Allen	10	Red	25-03.00
14 Shira Miller	10	Roos	25-02.25
15 Stephanie Castner	12	Juan	21-06.25

Boys 100 Meter Dash 3A

Meet Record: 10.73 M 1991 Carmi Bruton/Juanita

3A Dist Qual: 11.26 D

Name	Yr	School	Finals
Finals			
1 Frank McLaughlin	Sr	Mt Si	11.11D 10
2 David Hayden	Jr	Newp	11.39 8
3 Alex Leonard	Jr	Lib	11.43 6
4 Dustin Bratten	So	Sky	11.53 5
5 Blake Springer	Sr	Sky	11.56 4
6 Evan Dawson	Jr	M Is	11.71 3
7 Alex Wieder	Sr	Sky	11.82 2
8 Jack Duffy	Jr	Iss	11.83 1

Boys 200 Meter Dash 3A

Meet Record: 21.30 M 1976 Steve Vargha/Mercer Is

3A Dist Qual: 22.86 D

Name	Yr	School	Finals
Finals			
1 Frank McLaughlin	Sr	Mt Si	22.24D 10
2 Alex Leonard	Jr	Lib	22.98 8
3 Jordan Kaatz	Sr	Sky	22.99 6
4 Chris Freeman	Sr	Lib	23.14 5
5 Stephen Heppler	Jr	Belv	23.69 4
6 Jack Duffy	Jr	Iss	23.84 3
7 Kasen Williams	Fr	Sky	24.02 2

Boys 400 Meter Dash 3A

Meet Record: 48.31 M 2001 Sean Williams/Lk Wash

3A Dist Qual: 51.26 D

Name	Yr	School	Finals
Finals			
1 Frank McLaughlin	Sr	Mt Si	50.00D 10
2 Colin Alexander	Sr	Mt Si	50.85D 8
3 Jordan Kaatz	Sr	Sky	51.12D 6
4 Alex Pearl	Jr	Iss	51.81 5
5 Mitchell Byron	Jr	Lib	52.27 4
6 Alex Poplawski	Sr	Newp	52.59 3
7 Alex Otsu	So	Belv	53.05 2

8 Tommy Aarts So Sky 53.29 1

Boys 800 Meter Run 3A

Meet Record: 1:52.30 M 1985 John Quade/Woodinville

3A Dist Qual: 1:56.76 D

Name	Yr	School	Finals
Finals			
1 Simon Sorensen	Jr	Sky	1:58.03 10
2 Ian Smith	Sr	Lib	1:58.46 8
3 Drake da Ponte	Sr	Mt Si	1:58.83 6
4 Colin Alexander	Sr	Mt Si	1:59.39 5
5 Quinn Chasan	Jr	M Is	1:59.61 4
6 Alex Poplawski	Sr	Newp	2:00.59 3
7 Kevin Lemond	So	Iss	2:00.89 2
8 Tyler Torres	Sr	Sky	2:04.73 1

Boys 3200 Meter Run 3A

Meet Record: 9:16.20 M 1986 John Hill/Bellevue

3A Dist Qual: 9:37.61 D

Name	Yr	School	Finals
Finals			
1 Simon Sorensen	Jr	Sky	9:34.80D 10
2 Alex Partin	Sr	Belv	9:35.30D 8
3 Tyler Benster	Jr	M Is	9:38.10 6
4 Chris Brasino	So	Iss	9:39.10 5
5 Dmitrij Petters	Jr	Belv	9:39.80 4
6 Michael Williams	So	Belv	9:44.20 3
7 Travis Lund	Jr	Sky	9:45.30 2
8 Joel Ambo	So	Belv	9:49.40 1
9 Evan Sadler	Jr	M Is	9:54.60
10 Kyle Branch	Fr	Sky	9:56.30
11 Taylor Mesojednik	Jr	Belv	9:58.30
12 Aaron Elefson	Fr	M Is	9:59.00
13 Owen Strom	Sr	Mt Si	10:02.80
14 Mark Frerker	So	Sky	10:04.20
15 Tanner Holmes	Sr	Iss	10:08.00
16 Roger Ying	Sr	Iss	10:09.60

Boys 110 Meter Hurdles 3A

Meet Record: 14.20 M 1987 Kali Roberts/Mercer Is

3A Dist Qual: 15.54 D

Name	Yr	School	Finals
Finals			
1 Andrew Gray	Sr	Sky	15.18D 10
2 Cameron Clark	Sr	Sam	15.67 8
3 Jamal Atofau	Jr	Belv	16.16 6
4 Bryce Borer	Jr	M Is	16.42 5
5 Phillip Seda	Sr	M Is	16.56 4
6 Taylor Mitchell	Sr	Sky	16.72 3
--- Anthony Monahan	So	Belv	FS
--- Peter Nguyen	Jr	Belv	DQ

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Boys 300 Meter Hurdles 3A

Meet Record: 38.03 M 2007 Stephone Jordan/Garfield
3A Dist Qual: 41.08 D

Name	Yr	School	Finals
Finals			
1 Ryan Tiernan	Jr	Iss	40.47D 10
2 Andrew Gray	Sr	Sky	41.10 8
3 Cameron Clark	Sr	Sam	41.20 6
4 La'dell Carroll	Sr	Belv	41.99 5
5 Bryce Borer	Jr	M Is	42.39 4
6 Josh Martyn	So	Iss	42.94 3
7 Peter Nguyen	Jr	Belv	43.50 2
8 Anthony Monahan	So	Belv	44.82 1

Boys 4x100 Meter Relay 3A

Meet Record: 42.30 M 1987 Newport
3A Dist Qual: 44.12 D

Team	Relay	Finals
Finals		
1 Skyline HS		43.76D 10
2 Liberty HS		44.19 8
3 Bellevue HS		44.96 6
4 Sammamish HS		45.94 5
5 Mount Si HS		46.83 4
6 Issaquah HS		47.39 3
--- Mercer Island HS		DNF
--- Newport HS		DNF

Boys 4x400 Meter Relay 3A

Meet Record: 3:19.61 M 2005 Ballard
3A Dist Qual: 3:28.81 D

Team	Relay	Finals
Finals		
1 Mount Si HS		3:28.84 10
2 Issaquah HS		3:29.92 8
3 Skyline HS		3:30.37 6
4 Mercer Island HS		3:33.48 5
5 Liberty HS		3:35.03 4
6 Bellevue HS		3:41.20 3
7 Interlake HS		3:52.66 2

Boys High Jump 3A

Meet Record: 7-00 M 2004 Norris Frederick/Roosevelt
3A Dist Qual: 6-00.75 D

Name	Yr	School	Finals
Finals			
1 Jeremy Taiwo	Sr	Newp	6-04.00D 10
2 Kasen Williams	Fr	Sky	6-02.00D 8
3 Brandon Roddewig	Jr	Mt Si	J6-02.00D 6
4 Taylor Mitchell	Sr	Sky	5-10.00 5
5 Richard Woodworth	Jr	Newp	J5-10.00 4
6 Nick Kenney	Sr	Lib	J5-10.00 3
7 Blake Digiovanni	So	Sky	5-08.00 2
8 Ethan Spiro	Sr	M Is	J5-08.00 1

9 Justin Barry	Jr	Sky	J5-08.00
10 Jack Duffy	Jr	Iss	5-06.00
11 Nicolandro Leoondo	So	Belv	J5-06.00
12 Jacob Haynes	Sr	Lib	J5-06.00
12 Rio Bacon	So	Newp	J5-06.00
--- Julian Allen	Sr	Belv	NH
--- Josh Ash	Jr	Int	NH

Boys Pole Vault 3A

Meet Record: 16-00 M 1996 Erik German/Interlake
3A Dist Qual: 13-04 D

Name	Yr	School	Finals
Finals			
1 Jason Marks	Sr	Int	14-09.00D 10
2 Brandon Roddewig	Jr	Mt Si	13-00.00 8
3 Bryce Borer	Jr	M Is	12-00.00 6
4 Blake McDonald	Sr	Newp	J12-00.00 5
5 Ross Quarre	So	Newp	11-06.00 4
6 Dale Schvaneveldt	Jr	Int	J11-06.00 3
7 Matt Davis	Sr	Iss	J11-06.00 2
8 Jeremiah Odom	So	Iss	J11-06.00 1
9 Eddy Page	Jr	M Is	J11-06.00
10 Nick Kenney	Sr	Lib	11-00.00
11 Logan Smith	Jr	Newp	J11-00.00
12 David Wong	Jr	M Is	10-06.00
13 Evan Zema	So	Newp	10-00.00
13 Wesley Zhao	So	Int	10-00.00
13 Mitchell Erickson	So	Belv	10-00.00
16 David Palzer	Jr	Lib	J10-00.00
17 Tyler Borer	Fr	M Is	J10-00.00
--- Nick Rogstad	Jr	Sam	NH
--- Josh Murphy	So	Mt Si	NH
--- Charlie Broom	Sr	Belv	NH

Boys Triple Jump 3A

Meet Record: 47-05 M 1979 Greg Watkins/Ingelmoor
3A Dist Qual: 43-03.25 D

Name	Yr	School	Finals
Finals			
1 Jeremy Taiwo	Sr	Newp	47-03.00D 10
2 Ethan Spiro	Sr	M Is	42-00.00 8
3 Kasen Williams	Fr	Sky	41-11.00 6
4 Jordan Turner	Jr	M Is	41-05.75 5
5 Chris Freeman	Sr	Lib	40-10.00 4
6 Clayton Yan	Jr	Newp	40-02.00 3
7 Aaron Phillips	Jr	Sam	40-00.50 2
8 Leo Chen	Sr	Sky	38-04.00 1
9 Daniel Craig	So	Lib	38-03.50
10 Dustin Ma	Sr	M Is	37-09.75
11 Christopher Gelon	Jr	M Is	37-06.50
12 Kyle Hansen	Jr	Iss	37-02.00
13 Brad Idzik	So	M Is	36-10.00
14 Chris Cao	Sr	Lib	36-07.00
15 Jeremiah Odom	So	Iss	36-04.50
16 Zac Pearlstein	So	Mt Si	35-11.00

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Boys Discus Throw 3A

Meet Record: 206-02 M 2004 Nate Rolfe/Inglemoor

3A Dist Qual: 137-06 D

Name	Yr	School	Finals
Finals			
1 Richard Silva	Sr	Int	157-06D 10
2 Kyle Dennison	Sr	Lib	151-05D 8
3 Alex Myerson	Sr	M Is	143-11D 6
4 Brad Wilgus	Sr	Newp	136-05 5
5 Aaron Moetului	So	Mt Si	135-11 4
6 Jake Tweten	Sr	Mt Si	131-09 3
7 Peter Stacy	Sr	Lib	121-04 2
8 Colin Rice	Sr	Belv	121-00 1
9 Zach Brevick	Jr	Mt Si	118-00
10 Carter Howell	Sr	Mt Si	117-10
11 Kyle Stevens	Jr	Mt Si	117-09
12 Prestin Mo	Jr	Newp	112-08
13 Eddie Mills	Sr	Belv	106-09
--- Ryan Ransavage	Jr	Mt Si	FOUL
--- Ross McDonald	Sr	Newp	FOUL

Boys Javelin Throw 3A

Meet Record: 188-02 M 2000 Jared Morell/Inglemoor

3A Dist Qual: 162-07 D

Name	Yr	School	Finals
Finals			
1 Robert Hintz	Jr	Belv	184-07D 10
2 AJ Francis	Sr	Sky	177-06D 8
3 Kyle Dennison	Sr	Lib	173-01D 6
4 Trevor Powell	Jr	M Is	165-02D 5
5 Jake Luwe	Jr	Newp	161-08 4
6 Kyle Stevens	Jr	Mt Si	155-02 3
7 David Yee	Sr	Sky	151-04 2
8 Jake Tweten	Sr	Mt Si	151-01 1
9 Sean Allworth	Sr	Iss	149-07
10 Peter Stacy	Sr	Lib	148-01
11 JC Whitney	Sr	Belv	147-06
12 Jonathan Lien	Sr	Belv	145-01
13 Tanner Lien	Fr	Belv	143-05
14 Aaron Moetului	So	Mt Si	139-07
15 Zach Storm	Fr	Mt Si	138-01
16 Devyn Heimbeck	So	Sky	126-06

Boys 100 Meter Dash 4A

Meet Record: 10.73 M 1991 Carmi Bruton/Juanita

Name	Yr	School	Finals
Finals			
1 Matt Hanson	10	Lk W	11.16 10
2 Austin Delaney	12	Lk W	11.25 8
3 Andy Palmer	12	Ingl	11.26 6
4 Allen Hall	12	Red	11.28 5
5 Austin Victor	12	Ingl	11.34 4
6 Cameron Sandquist	11	Red	11.38 3
7 Trevor Roush	12	Juan	J11.38 2

8 Trevor Kelly 10 Wood 11.52 1

Boys 200 Meter Dash 4A

Meet Record: 21.30 M 1976 Steve Vargha/Mercer Is

Name	Yr	School	Finals
Finals			
1 Andy Palmer	12	Ingl	22.39 10
2 Matt Hanson	10	Lk W	22.68 8
3 Austin Delaney	12	Lk W	22.99 6
4 Leo Santana	12	Ballard	23.03 5
5 Cameron Sandquist	11	Red	23.11 4
6 Trevor Roush	12	Juan	23.23 3
7 Allen Hall	12	Red	23.25 2

Boys 400 Meter Dash 4A

Meet Record: 48.31 M 2001 Sean Williams/Lk Wash

Name	Yr	School	Finals
Finals			
1 Trevor Roush	12	Juan	49.97 10
2 Leo Santana	12	Ballard	50.60 8
3 Neal Howard	12	Ballard	51.49 6
4 Paul Ena	11	Ingl	51.51 5
5 Christian Sylvester	10	Wood	51.82 4
6 Patrick Gallagher	11	East	51.95 3
7 Austin Terry	11	Ingl	52.43 2
8 Carson Dunn	11	Garf	53.12 1

Boys 800 Meter Run 4A

Meet Record: 1:52.30 M 1985 John Quade/Woodinville

Name	Yr	School	Finals
Finals			
1 Dan Sloat	12	East	1:55.17 10
2 Mack Young	10	Red	1:57.48 8
3 Anthony Ellis	12	Red	1:57.77 6
4 Abraham Berhe	10	Roos	1:57.83 5
5 Michael Blodnick	12	East	1:58.35 4
6 Andrew Sahl	11	Roos	1:58.72 3
7 Tim Hobbs	11	Lk W	1:59.08 2
8 Ashkon Nima	10	Both	1:59.98 1

Boys 3200 Meter Run 4A

Meet Record: 9:16.20 M 1986 John Hill/Bellevue

Name	Yr	School	Finals
Finals			
1 Aiden Irish	11	Red	9:32.70 10
2 Trey Parry	11	Both	9:38.00 8
3 Raul Silva	10	Juan	9:44.60 6
4 Billy Wilkens	11	Ingl	9:47.80 5
5 David Spencer	12	Wood	9:48.30 4
6 Alan Dayton	11	Wood	9:49.40 3
7 Dylan Peterson	11	Garf	9:57.80 2
8 Alex Barkely	12	Ballard	10:00.30 1
9 Cort Sage	12	Juan	10:08.90
10 Andrew Hamilton	12	Ballard	10:09.20
11 Fry Kramer	11	Ballard	10:13.00

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Name	Yr	School	Finals
12 Beau Wales	10	East	10:15.70
13 Owen Burbank	12	Ballard	10:19.20
14 Matt Gross	10	Roos	10:23.70
15 Neal Berg	10	Ballard	10:29.10
16 Bernard Hagan	10	Ingl	11:07.40

Boys 110 Meter Hurdles 4A
Meet Record: 14.20 M 1987 Kali Roberts /Mercer Is

Name	Yr	School	Finals
Finals			
1 Stephone Jordan	12	Garf	14.70 10
2 Austin Victor	12	Ingl	15.15 8
3 Tim Clendaniel	12	Both	15.63 6
4 Denzel Robinson	11	Garf	15.67 5
5 Ian Story	12	Lk W	15.98 4
6 Dan Sanders	11	Red	16.33 3
7 Kellen Donohue	12	Both	16.38 2
8 Ben Northrup	12	Ingl	16.51 1

Boys 300 Meter Hurdles 4A
Meet Record: 38.03 M 2007 Stephone Jordan/Garfield

Name	Yr	School	Finals
Finals			
1 Stephone Jordan	12	Garf	38.52 10
2 Austin Victor	12	Ingl	38.84 8
3 Denzel Robinson	11	Garf	41.20 6
4 Dan Sanders	11	Red	41.23 5
5 Jeff Sloat	10	East	41.28 4
6 Ian Story	12	Lk W	42.01 3
7 John Hekker	12	Both	42.55 2
8 Dru Solberg	11	Ingl	46.03 1

Boys 4x100 Meter Relay 4A
Meet Record: 42.30 M 1987 Newport

Team	Relay	Finals
Finals		
1 Inglemoor HS		43.47 10
2 Eastlake HS		43.61 8
3 Lake Washington HS		43.88 6
4 Garfield HS		44.10 5
5 Woodinville HS		44.30 4
6 Redmond HS		44.32 3
7 Ballard HS		44.32 2
--- Franklin HS		DQ

Boys 4x400 Meter Relay 4A
Meet Record: 3:19.61 M 2005 Ballard

Team	Relay	Finals
Finals		
1 Eastlake HS		3:24.46 10
2 Inglemoor HS		3:24.78 8
3 Roosevelt HS		3:29.33 6
4 Bothell HS		3:29.70 5

5 Juanita HS	3:31.64	4
6 Redmond HS	3:32.15	3
7 Garfield HS	3:32.31	2
8 Lake Washington HS	3:33.77	1

Boys Triple Jump 4A
Meet Record: 47-05 M 1979 Greg Watkins/Inglemoor

Name	Yr	School	Finals
Finals			
1 Tim Clendaniel	12	Both	45-05.00 10
2 John Hekker	12	Both	42-04.00 8
3 Jamaal Thomas	12	Garf	41-11.25 6
4 Devin Bennett	10	East	41-07.50 5
5 Mickey Mukai	12	Ingl	41-06.75 4
6 Dan Tran	10	Both	40-10.25 3
7 Ben Northrup	12	Ingl	40-05.75 2
8 Jesse Zackery	12	Juan	40-00.50 1
9 Ben Moschel	12	Both	39-05.75
10 Eric Ranes	10	Ingl	39-01.00
11 TJ Galbraith	11	Lk W	38-01.00
12 Cole Hardwick	10	Red	38-00.25
13 Parker Rowand	10	Both	37-10.75
14 Riley Schaefer	10	Both	36-11.75
15 Trevor Smart	12	Red	35-03.50
16 Taylor Gillum	12	Red	34-11.50

Boys Discus Throw 4A
Meet Record: 206-02 M 2004 Nate Rolfe/Inglemoor

Name	Yr	School	Finals
Finals			
1 Jackson Pierce	11	Both	153-09 10
2 Kellen Jones	12	Ballard	137-08 8
3 David Norton	12	Red	134-03 6
4 Matt Cornwall	12	Both	132-08 5
5 Robin Wisener	12	Fran	131-00 4
6 Brandon Thurston	12	Ingl	124-03 3
7 Sam Graham	11	Wood	121-05 2
8 Erik Sorenson	12	Ballard	118-09 1
9 Warren Tia Tia	11	Garf	115-02
10 Chad Hood	12	Both	114-10
11 Jason Wang	12	Lk W	114-00
12 Stephen Wilhelmy	12	Both	113-00
13 Silas Alexander	12	Roos	104-09
14 Andres Castillo	11	Ingl	100-05
15 Matthew Forrester	11	Juan	99-08
16 Lewis Wilson	12	Garf	86-08

Women - 3A - Team Rankings - 18 Events Scored

1) Skyline HS	168.5
2) Issaquah HS	136
3) Newport HS	107
4) Mount Si HS	95
5) Bellevue HS	74
6) Mercer Island HS	42

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7) Liberty HS	35
8) Interlake HS	22.5
9) Sammamish HS	21

Women - 4A - Team Rankings - 18 Events Scored

1) Inglemoor HS	138
2) Redmond HS	107
3) Garfield HS	94
4) Eastlake HS	87
5) Franklin HS	65
6) Woodinville HS	58
7) Lake Washington HS	53
8) Roosevelt HS	50
9) Juanita HS	19
10) Bothell HS	15
11) Ballard HS	14

Men - 3A - Team Rankings - 17 Events Scored

1) Skyline HS	138
2) Mount Si HS	108
3) Bellevue HS	79
4) Liberty HS	75
5) Mercer Island HS	73
6) Newport HS	71
7) Issaquah HS	51
8) Interlake HS	33
9) Sammamish HS	27

Men - 4A - Team Rankings - 17 Events Scored

1) Bothell HS	122
2) Inglemoor HS	114
3) Redmond HS	97
4) Garfield HS	72
5) Lake Washington HS	65.5
6) Eastlake HS	62
7) Ballard HS	42
8) Woodinville HS	28.5
9) Juanita HS	26
10) Roosevelt HS	24
11) Franklin HS	8